

WASH YOUR  
HANDS!



SEQUENCE STRIP

color & black/white  
VERSION INCLUDED!

# WASH YOUR HANDS!



## SEQUENCE STRIP

### PURPOSE:

- This hand washing strip visually depicts the hand washing sequence that can be utilized by a child to easily visualize and follow the hand washing routine in the home or school setting.

### INSTRUCTIONS TO PRINT:

- Print out on heavy cardstock, paper, or laminate.

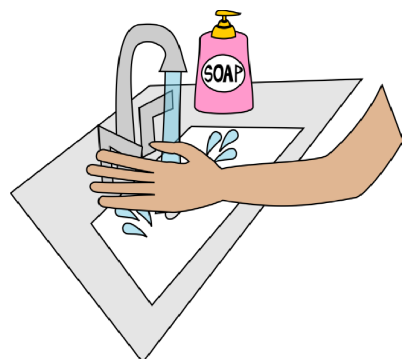
### INSTRUCTIONS TO ASSEMBLE:

1. Cut out sequence strip for individual child.
2. Adhere to bathroom wall or near sink for ability to follow visuals.

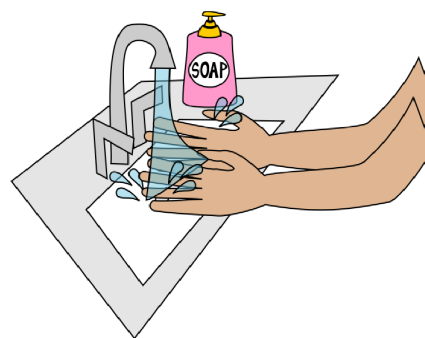
### HOME USE:

- Explicitly teach and review each step in the hand washing routine prior to placing strip in bathroom/sink area.

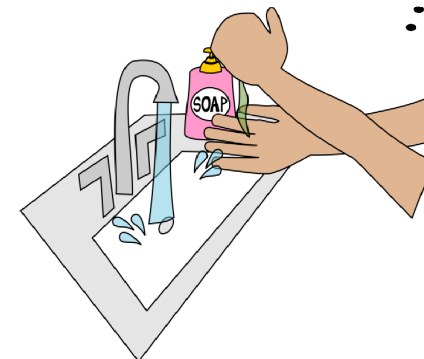
# WASH YOUR HANDS!



STEP 1:  
TURN ON WATER



STEP 2:  
WET HANDS



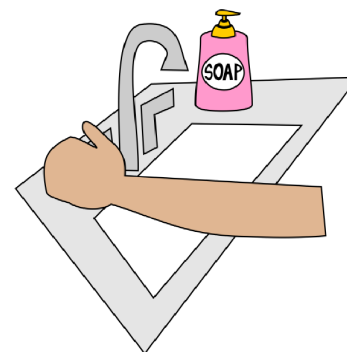
STEP 3:  
SOAP ONTO HANDS



STEP 4:  
RUB HANDS



STEP 5:  
RINSE SOAP OFF

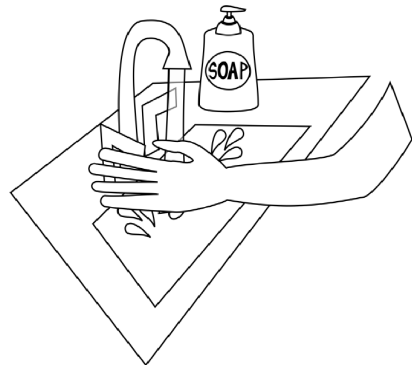


STEP 6:  
TURN OFF WATER

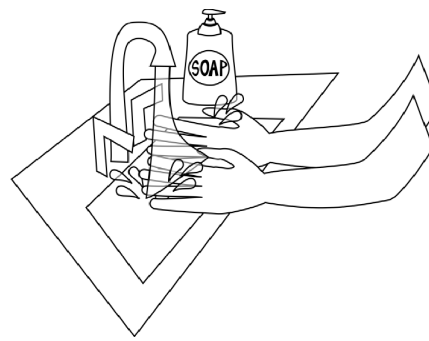


STEP 7:  
DRY HANDS

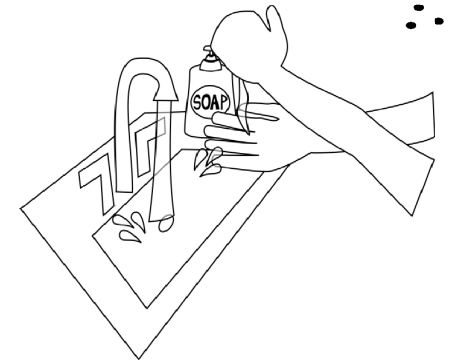
# WASH YOUR HANDS!



STEP 1:  
TURN ON WATER



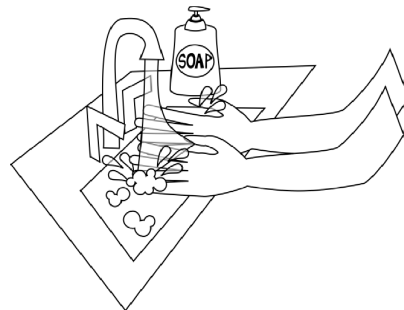
STEP 2:  
WET HANDS



STEP 3:  
SOAP ONTO HANDS



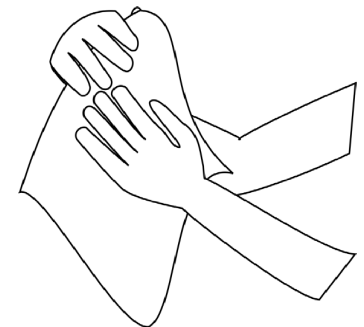
STEP 4:  
RUB HANDS



STEP 5:  
RINSE SOAP OFF



STEP 6:  
TURN OFF WATER



STEP 7:  
DRY HANDS