

Understanding Visual Schedules

What is a Visual Schedule?

- A schedule or sequence of pictures

Why use a Visual Schedule?

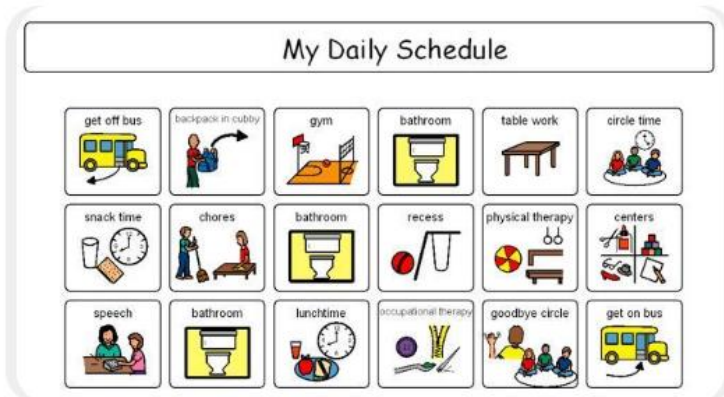
- To show a student the beginning and end of a task, including the steps in between
- To help organize, plan and schedule a task, routine or day.
- Allow time for language processing.
- Reduce worry and anxiety by providing constant and consistent instruction.
- Supports transitions.
- Can allow students to order tasks in preferred sequence to manage impulsive behaviours.

Types of Visual Schedules

- Day – include recess and lunch, sensory breaks, special events.
- Self-care Task – washroom, going outside for recess or end of day.
- Classwork – steps in a project.

How to use a Visual Schedule

- Keep it where it will be used and easily seen.
- Avoid using too many words when reviewing or referencing the schedule.
- Be consistent in your instructions and use of the schedule.
- Consider mini schedules to break down task with many steps.



[Visual schedule | TPT \(teacherspayteachers.com\)](https://www.teacherspayteachers.com)