

## Sensory Differences - What to Watch For

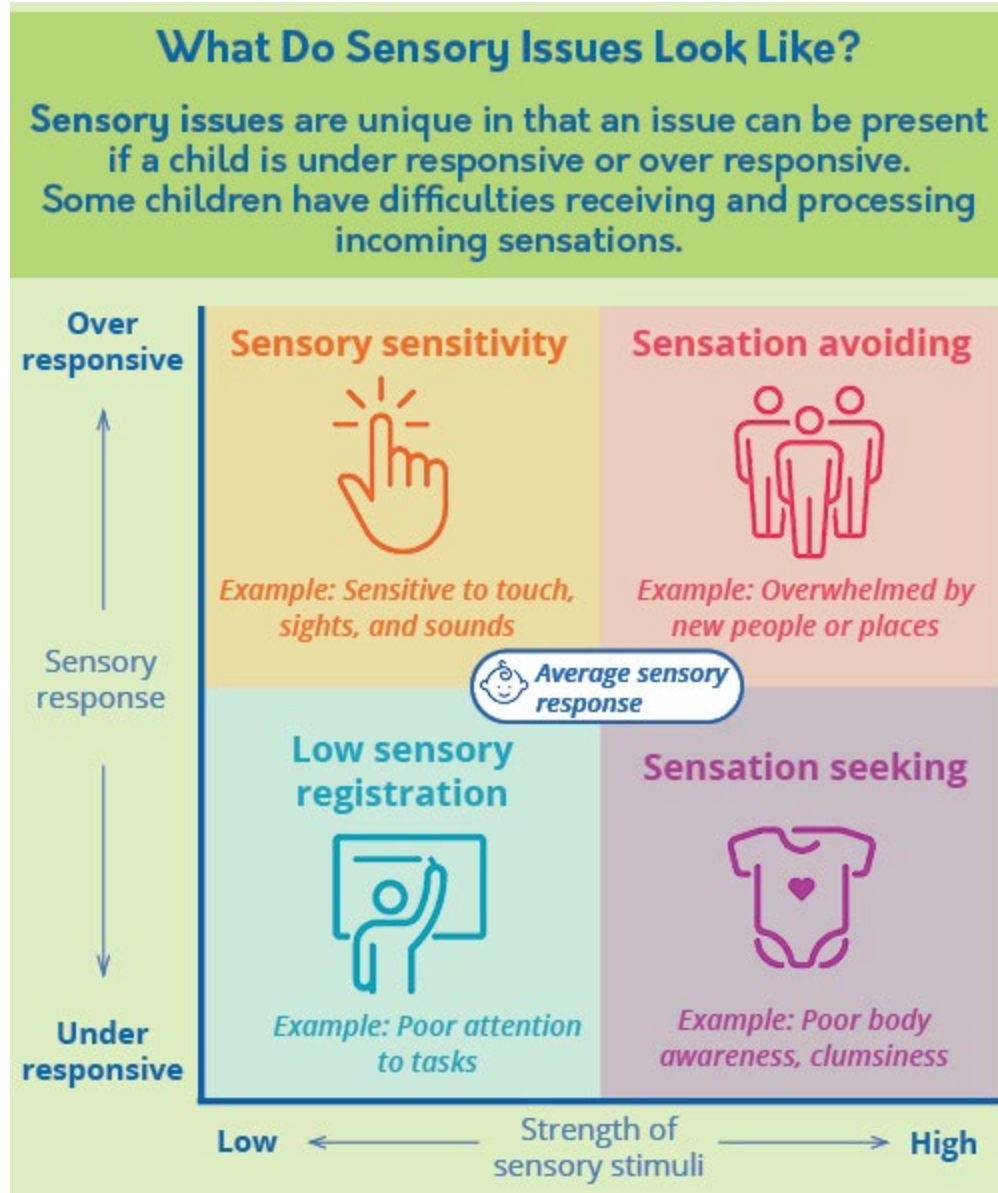
Some children have difficulties receiving and processing incoming sensations.

### Some signs of a sensory issue include:

- Overly sensitive or under reactive to touch, movement, sights, or sounds
- Unusually high or low activity level
- Easily distracted; poor attention to tasks
- Delays in [speech](#), [motor skills](#), or academic achievement
- Coordination problems; appears clumsy or awkward
- [Poor body awareness](#)
- Difficulty learning new tasks or figuring out how to play with unfamiliar toys
- Difficulty with tasks that require using both hands at the same time
- Appears to be disorganized most of the time
- Difficulty with transitions between activities or environments
- Immature [social skills](#)
- Impulsivity or lack of self-control
- [Difficulty calming self](#) once “wound up”

### What to do if you suspect a delay

Each child reacts to sensory information differently. Sensory issues are very complex because a child's sensory system could be a mixture of over reactive, under reactive, or actively engaged.



If you suspect an issue, contact a healthcare provider to share your concerns.

Source: [Sensory Integration Basics | Learn About Sensory Integration Tools \(pathways.org\)](https://pathways.org)