

Simple Ways for Children To Put On Coats

Magic Flip - Children need lots of room when they do this. We don't want other children or adults to be hurt by zippers or flipping coats. In a large group, encourage a few children to do this at a time.

Step 1. Have the child put the coat down on the floor (or a table)

Step 2. The child places both hands inside the sleeves of the coat

Step 3. The child lifts the coat up and over their head while sliding their hands through the sleeves.



Hood Trick - Children require a little more coordination for this than the magic coat flip, so if they seem to struggle after several times of trying it, go back to the flip method.

Step 1. Have the child put their hood on their head, tag to the back.

Step 2. Put one arm in and then the other.



The Chair Trick -

Step 1. Have the child place the coat onto the back of the chair, inside facing them.

Step 2. The child sits in the chair and puts one arm in and then the other.



Work on zippers after they are independent with getting their coat on.

Every child and youth living life at their full potential

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