Pre-K Milestone Progress Log

- 1. Based off the milestone checklist, highlight or circle the milestones you are focusing on with your child
- 2. Review the activities in the online or hard copy version of "Get Ready for Kindergarten"
- 3. Check off your progress as you practice, and mark a star when your child consistently meets the milestone!

Milestone 🗀	✓ for each practice ★ for milestone met							Milestone 8	✓ for each practice ★ for milestone met						
Toileting								Listening to a story							
Opening containers								Not putting things in mouth							
Self-feeding								Saying goodbye							
Dressing								Sitting and focusing							
Identifying belongings								Taking turns							
Sitting to "read"								Identifying emotions							
Imaginative play								Adjusting voice							
Messy play								Showing concern							
Putting items away								Following rules							
						Participating in activities									
Milestone 4.	✓ for each practice ★ for milestone met							Milestone 💞	✓ for each practice ★ for milestone met						
	*	for	mile	esto	ne r	net			×	tor n	iiiie	Ston	e m	Ct	
Walking stairs	*	for	mile	esto	ne r	net		Twisting lids	×	for n	me	Ston	ie m		
Walking stairs Run and stop	*	for	mile	esto	ne r	met		Twisting lids Tripod grasp	*	for n		Ston	e m		
_	*	for	mile	esto	ne r	met		_	*	for n		Ston	e m		
Run and stop	*	for	mile	esto	ne r	net		Tripod grasp	*	for n		Ston	le m		
Run and stop Sit unsupported	*	for	mile	esto	ne r	net		Tripod grasp Folding & tearing		for n		Ston	e m		
Run and stop Sit unsupported Climbing & jumping	*	for	mile	esto	ne r	net		Tripod grasp Folding & tearing Turn pages in a book	×	for n		Ston	e m		
Run and stop Sit unsupported Climbing & jumping Bending over	*	for	mile	esto	ne r	net		Tripod grasp Folding & tearing Turn pages in a book Drawing lines		for n		Ston	le m		
Run and stop Sit unsupported Climbing & jumping Bending over One foot stand	*	for	mile	esto	ne r	net		Tripod grasp Folding & tearing Turn pages in a book Drawing lines Stringing beads		for n		Ston	e m		
Run and stop Sit unsupported Climbing & jumping Bending over One foot stand Two foot jump	*	for	mile	esto	ne r	net		Tripod grasp Folding & tearing Turn pages in a book Drawing lines Stringing beads Using scissors		for n		Ston	e m		
Run and stop Sit unsupported Climbing & jumping Bending over One foot stand Two foot jump Kick a ball	*	for	mile	esto	ne r	net		Tripod grasp Folding & tearing Turn pages in a book Drawing lines Stringing beads Using scissors Drawing people		for n		Ston	e m		