

Positioning for printing

- Make sure that your child is seated properly when printing. If your child is not seated properly, then they may need to concentrate on keeping their balance, which prevents them from focussing on using their hand muscles.
- Some children rely on their shoulder and elbow for motor control when printing and these muscles become very tight. If you provide firm pressure through your child's shoulder with your hand, this may relax his shoulder muscle, so that they can use their hand muscles for control.



- Have your child work on an inclined surface or use a slant board. This provides support for the forearm, so that the child is able to use his hand muscles. If you cannot find a slant board, you can use a 3-inch binder turned on its side to provide an inclined surface, or you can make one out of wood.
- Have your child work at a blackboard or easel. This allows the hand to fall into a natural printing position.
- Continue to work on other fun activities which will strengthen your child's hand muscles.

