

Pencil Grasp

Mature pencil grip generally develops between four and a half and six years of age.

What is a “Good” Pencil Grasp?

- ✓ It is dynamic
 - This means that it allows the child to move the pencil easily
- ✓ It doesn't put the joints at stress
- ✓ It avoids early fatigue
- ✓ It is consistent



Positioning of a Pencil

Index Finger – on top of the pencil and 1 inch from the point

Thumb – underneath the pencil

3rd Finger – supporting the pencil along the side

Web Space – should form a nice round circle. Pencil should rest on or slightly behind the knuckle of the index finger.

Wrist – should be straight or slightly extended (bent up)

Video Resource

1.0 - Pencil Grasp Hacks - https://youtu.be/WkeudGL_m48

- Video showing different activities using different household items to help develop and strengthen a mature tripod pencil grasp.