

App	Description	Age/Fee
AllTrails: Hike, Bike & Run	AllTrails is your guide to the outdoors! Discover the best hiking, running, and biking trails around the world. Explore 100,000 hand-curated trail maps plus reviews and photos crowdsourced from millions of hikers, mountain bikers and trail runners. Find that dog-friendly or kid-friendly trail that you've been searching for. Explore a national park or discover new hiking trails in your area today.	<i>Age: 9+</i> <i>Fee: Free</i> <i>(In-App Purchases)</i>
Beginner's Workout	Get a full day's work out in just 20 minutes. You won't need any special equipment and can do these anywhere. These workouts are designed for novices. This free app gives you one routine per level. The pro version has more routines and no ads.	<i>Age: 4+</i> <i>Fee: Free</i> <i>(In-App Purchases)</i>
Blogilates Official App	Finally, you can carry YouTube Fitness Star Cassey Ho in your pocket! Take her videos with you to the gym, cook fun and healthy Blogilates recipes in the kitchen, talk to other POPsters in the forum, and follow the monthly workout calendar with ease!	<i>Age: 17+</i> <i>Fee: Free</i> <i>(In-App Purchases)</i>
Calm: Sleep, Meditate, Relax	Calm is the #1 app for Sleep, Meditation and Relaxation. Join the millions experiencing better sleep, lower stress, and less anxiety with their guided meditations, sleep stories, breathing programs, stretching exercises, and relaxing music. Calm is recommended by top psychologists, therapists, and mental health experts.	<i>Age: 4+</i> <i>Fee: Free</i> <i>(In-App Purchases)</i>
Camera Hunt – Scavenger Game	We've all heard about scavenger hunts, and we all have phones with a camera. Combine the two and you get a Camera Hunt! The game is simple: you have 60 seconds to find as many items as possible using your camera. Items vary from everyday objects, pets, something fun, selfies, and more.	<i>Age: 4+</i> <i>Fee: Free</i> <i>(In-App Purchases)</i>
Charades!	Charades! Is the outrageously fun and exciting multi-activity game for you and your friends! With different challenges from dancing, singing, acting, or sketching – guess the word on the card that's on your head from your friends' clues before the timer runs out!	<i>Age: 4+</i> <i>Fee: Free</i>
Geocaching	Join the world's largest treasure-hunting community with the official app for geocaching. Whether you are off to find your first geocache or your ten-thousandth, this app is your ultimate geocaching toolbox.	<i>Age: 4+</i> <i>Fee: Free</i> <i>(In-App Purchases)</i>

	There are millions of clever containers called geocaches hidden in almost every country on Earth, just waiting to be found – there are probably even some near you right now.	
Happy Color – Color by Number	Happy Color is a color by number game for young adults. There are so many breathtaking and inspiring pictures to color!	<i>Age: 4+ Fee: Free (In-App Purchases)</i>
Harry Potter: Wizards Unite	From the makers of Pokémon GO, Harry Potter: Wizards Unite is the real-world augmented reality game inspired by the Wizarding World that puts magic in the hands of players worldwide.	<i>Age: 9+ Fee: Free (In-App Purchases)</i>
Heads Up!	Heads Up! Is the fun and hilarious game from Ellen DeGeneres that she plays on her show, and you can play with your friends! From naming celebrities, to singing, to silly accents – guess the work on the card that’s on your head from your friends’ clues before the time runs out!	<i>Age: 12+ Fee: Free (In-App Purchases)</i>
Headspace: Meditation & Sleep	Get happy. Stress Less. Sleep soundly. Headspace is your guide to everyday mindfulness in just a few minutes a day. Choose from hundreds of guided meditation on everything from managing stress and anxiety to sleep, productivity, exercise, and physical health – including short SOS meditations for when you’re on the go.	<i>Age: 4+ Fee: Free (In-App Purchases)</i>
Jigsaw Puzzles – Puzzle Game	Welcome to the colorful world of jigsaw puzzles! Tons of HD pictures, hours of fun and no lost pieces. Relax your mind putting puzzles together!	<i>Age: 4+ Fee: Free (In-App Purchases)</i>
Jooay	Jooay connects children and youth with disabilities to leisure activities with a simple tap, and allows parents, health care providers, physical education teachers, and community organizations to locate and engage in adapted and inclusive leisure activities in their local community!	<i>Age: 4+ Fee: Free</i>
Just Dance Now	Unleash your inner dancer with Just Dance Now! Enjoy Just Dance’s greatest songs and choreographies without a video game console! Dance to your favourite hits among more than 500 available songs including 40 awesome songs from the Just Dance 2018 console game!	<i>Age: 4+ Fee: Free (In-App Purchases)</i>

Mindfulness Coach	<p>Mindfulness means noticing and paying attention to what is going on in the present moment, without passing judgement on it. Mindfulness has been shown to be effective for reducing stress, improving emotional balance, increasing self-awareness, helping with anxiety and depression, and coping more effectively with chronic pain. The app provides a gradual, self-guided training program designed to help you understand and adopt a simple mindfulness practice.</p>	<p><i>Age: 12+</i> <i>Fee: Free</i></p>
Moovosity – Movement Skills	<p>There has never been a more important time to get your children moving. The Moovosity app has been updated with loads of new activities and rewards to help kids build the skill and confidence to move. This version of Moovosity includes our evidence-based programs proven to develop movement skills and a child’s self with being active.</p>	<p><i>Age: 4+</i> <i>Fee: Free</i></p>
Pacer Pedometer & Step Tracker	<p>Get active, lose weight, and feel great! Track your steps 24/7 with just your phone using Pacer’s simple interface. Beat your goals and get fit today! Pacer is like having a walking buddy and health coach all in one app. You can track all your activities in one beautifully intuitive interface. And you’ll get motivation and support from our amazing Pacer community. Pacer’s fun challenges, amazing data insights, outdoor routes, personalized fitness plans and guided workouts will help you achieve your unique fitness goals. Be active and feel great anywhere, any time!</p>	<p><i>Age: 4+</i> <i>Fee: Free</i></p>
Plum’s Photo Hunt	<p>In this app, Plum, an alien from the Planet Blorb, sends kids on missions outdoors to photograph awesome things that they find in nature like the weather, plants, shadows and bugs.</p>	<p><i>Age: 4+</i> <i>Fee: Free</i></p>
Pokémon GO	<p><i>UNCOVER THE WORLD OF POKÉMON:</i> Explore and discover Pokémon wherever you are! <i>CATCH</i> more Pokémon to complete your Pokédex! <i>JOURNEY</i> alongside your Buddy Pokémon to help make your Pokémon stronger and earn rewards! <i>COMPETE</i> in epic Gym battles and... <i>TEAM UP</i> with other Trainers to catch powerful Pokémon during Raid Battles! It’s time to get moving – your real-life adventures await! Let’s <i>GO!</i></p>	<p><i>Age: 9+</i> <i>Fee: Free</i> <i>(In-App Purchases)</i></p>
Push2Play – Active Games for Kids	<p>Want to get the kids moving? Push2Play is a one-of-a-kind active play resource for families, classroom & PE teachers, activity leaders and caregivers. Really, it’s perfect for anyone who cares that kids are swapping screen time for play time. The app rewards active play and</p>	<p><i>Age: 4+</i> <i>Fee: Free</i></p>

	is full of fun tips for simple, unstructured outdoor play (or indoor play if it's that kind of day). And... it uses the kids' screens to get them moving in a healthier direction	
Spotify New Music and Podcasts	With Spotify, you can play millions of songs and podcasts for free. Listen to the music and audio content you love and enjoy from here and all over the world.	<i>Age: 12+</i> <i>Fee: Free</i> <i>(In-App Purchases)</i>
Star Chart	You can now have a virtual star chart in your pocket. Look through the eyes of your iPhone or iPad to see a high-tech window into the whole visible universe. All you have to do is point your AR enabled device at the sky and Star Chart will tell you exactly what you are looking at.	<i>Age: 4+</i> <i>Fee: Free</i> <i>(In-App Purchases)</i>
SworKit Fitness & Workout App	Finally, a fitness system that understands your pain, frustration, and schedule. With SworKit, the feeling of being too busy, too intimidated, or too unmotivated will be a thing of the past. You can live your best life, once and for all. Who says you can't get and stay in shape? We offer a unique library of kids' workouts, perfect for any younger ones in your life. Kids content is 100% free and does not require a subscription.	<i>Age: 4+</i> <i>Fee: Free</i>
Tasty	Meet your new cooking coach! Over 4000 Tasty recipes now at your fingertips; an innovative Step-By-Step instruction mode; a 'My Recipes' page which serves as your very own mobile cookbook, and an incredible search tool that allows you to filter by any ingredients, cuisine and social occasion you're in the mood for!	<i>Age: 4+</i> <i>Fee: Free</i>
Travelzoo	Check the TRAVELZOO blogs for places that you can travel to virtually such as The Louvre, Monterey Bay Aquarium, and the San Diego Zoo!	<i>Age: 12+</i> <i>Fee: Free</i> <i>(In-App Purchases)</i>
Yoga for Beginners: Mind + Body	The #1 rated free workout app for yoga beginners! Voice guided yoga workouts right in your pocket. No hidden charges! No Subscriptions! Yoga is a great way to relax and melt the stress away. Yoga for Beginners is the perfect app to help you get started.	<i>Age: 4+</i> <i>Fee: Free</i>
Zombies, Run!	Zombies, Run! Is an ultra-immersive running game and audio adventure, co-created with award winning novelist Naomi Alderman. Every run becomes a mission where you're the hero, with our	<i>Age: 12+</i> <i>Fee: Free</i> <i>(In-App Purchases)</i>

	<p>immersive audio drama putting you in the centre of your very own zombie adventure story. While you run to the perfect mix of heart-pumping audio drama and pulse-pounding songs from your own playlist, you'll collect supplies to grow your base back home.</p>	
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