



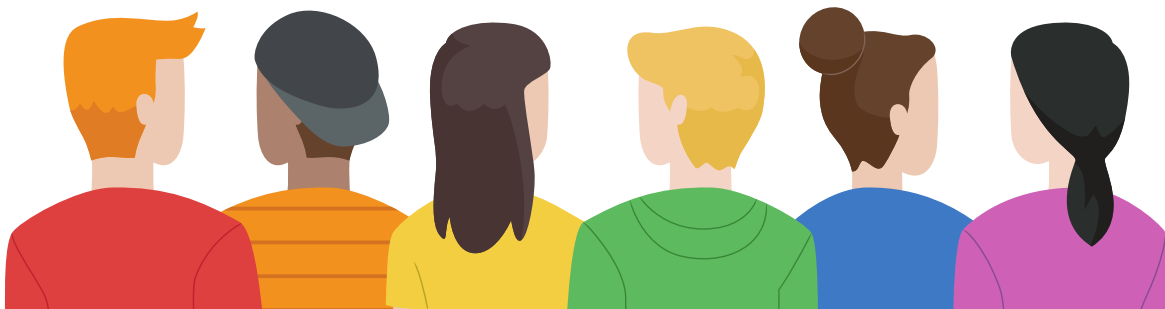
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# ADOLESCENT TRANSITION PROGRAM

## *Checklist*

This document can be printed out by adolescents and their caregivers to track progress against key things “to do” moving through the transition between paediatric and adult services. The checklist is divided by age, outlining tasks to complete for the youth on or before that age. Note that some items may not apply to everyone. If you have questions, please email [familyengagement@grandviewkids.ca](mailto:familyengagement@grandviewkids.ca).



# Adolescent Transition Program Checklist



## Before Age 12

- Apply for a Social Insurance Number (SIN) and Canadian Citizen Passport for the child. Additional items to obtain: Birth Certificate (long form), Status card registration (if applicable)

**To do date:** \_\_\_\_\_

- Apply for disability program/services: Assistance for Children with Severe Disabilities (ACSD), and Disability Tax Credit (DTC) before setting up a Registered Disability Savings Plan (RDSP)

**To do date:** \_\_\_\_\_

- Sign up for Access2card program that makes entertainment, cultural and recreational opportunities available and accessible (caregiver admission free or discounted)

**To do date:** \_\_\_\_\_

## Age 12 to 13

- Before starting high school, request a transition meeting at their current school to make educational placement decisions based on their needs
- During this meeting, request an updated psychological assessment report or letter if your youth is untestable (documentation request from a psychologist stating the person has an intellectual disability)
  - This assessment/letter is required when applying for Developmental Services Ontario (DSO) or Ontario Disability Support Program (ODSP)

**To do date:** \_\_\_\_\_

## Age 14 to 15 (continued on next page)

- Reminder:* Ask for a referral from your care team to complete the psychological assessment or a letter by a psychologist.

**To do date:** \_\_\_\_\_

- With your care team, discuss goals and priorities about what your hopes and expectations are for your youth when they are an adult to learn what services and support are available to them in the future.*

**To do date:** \_\_\_\_\_

- If applicable: Confirm completion of Individual Education Plan (IEP) for secondary school.*

**To do date:** \_\_\_\_\_

## Questions?

Email [familyengagement@grandviewkids.ca](mailto:familyengagement@grandviewkids.ca)



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# Adolescent Transition Program Checklist



## Age 14 to 15 (continued)

- Start to learn about DSO and ODSP (e.g., eligibility criteria, services/supports provider). DSO application can be started but not submitted before the youth turns 16.

**To do date:** \_\_\_\_\_

## Age 17

- Schedule transition meeting with your care team, understanding what care will look like for youth after they turn 18 (some youths may not experience transition to adult services until Age 18).

**To do date:** \_\_\_\_\_

- If applicable: Ensure referrals have been received by the appropriate adult specialists and appointments have been booked. Try to have a joint appointment between paediatric and adult specialists, if possible.

**To do date:** \_\_\_\_\_

- Apply for ODSP six months before the youth turns 18. Return completed application to ODSP by Age 17.5 (see Toolkit for more information).

**To do date:** \_\_\_\_\_

- If applicable: Determine if you or another will be a legal guardian for your youth.
- Contact the Office of the Public Guardian and Trustee (OPGT) to learn how to select a guardian, what is required if you choose legal guardianship, or when it may be necessary to have a legal guardian.

**To do date:** \_\_\_\_\_

- Explore accessible transportation in your community to encourage youth independence.

**To do date:** \_\_\_\_\_

- If applicable: Discuss future educational plans with schools and care team (e.g., ability for youth to stay in high school until age 21; post-secondary education plans and funding opportunities).

**To do date:** \_\_\_\_\_

## Age 18

- Receive support from DSO and Passport Program or call to ensure that your adult (previously "youth") is on the waitlist to receive supports.

**To do date:** \_\_\_\_\_

Questions?

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