

Introduction Letter

Dear Friends,

Learning Without Tears provides engaging activities and materials to help your students learn in any setting. This Next Steps Pack supports learning at home for students who are ready to progress to cursive handwriting. Beginning with a review of print letters, these pages progress through skills needed to introduce cursive.

This pack uses strategies from Handwriting Without Tears' developmentally based curriculum that works for children of all learning styles. The resources have instructions and are easy to use for families and caregivers.

These pages were created to support at-home handwriting practice. Included are:

- Formation charts for capital letters, lowercase letters, and numbers so you'll know the language and stroke sequence to use to help your student
- Paper placement, pencil and grip activities to set your student up for success
- Capital and lowercase letter practice pages
- Writing activities to practice writing on double lines

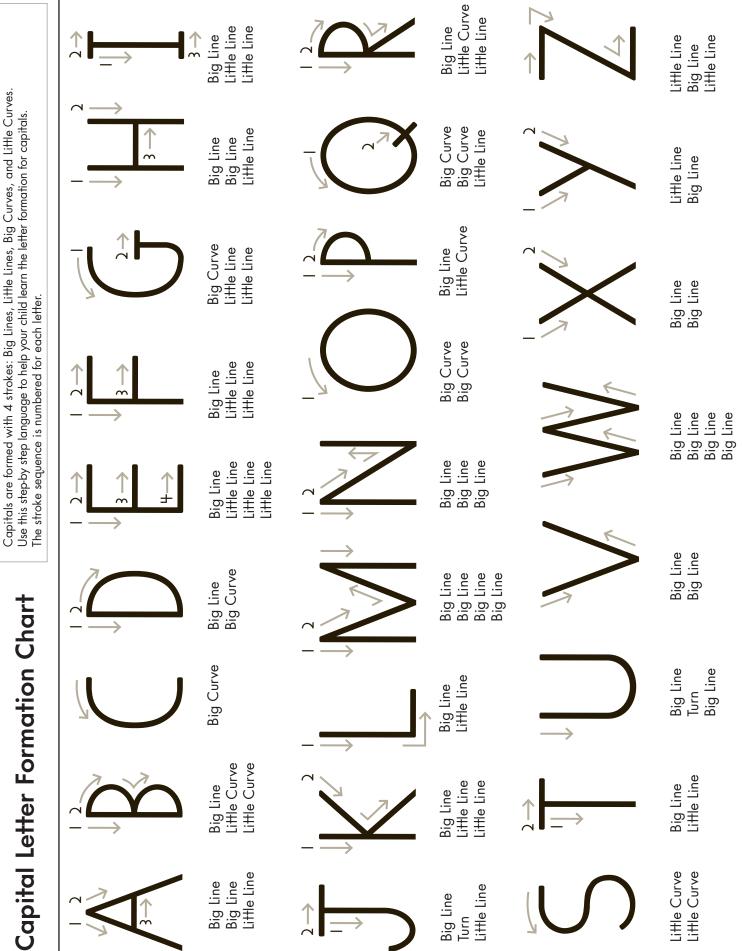
We are committed to helping you and your students have continued handwriting success with these practice activities. Reach out if you have questions for us!

Customerservice@LWTears.com or 888.983.8409

Happy Handwriting!

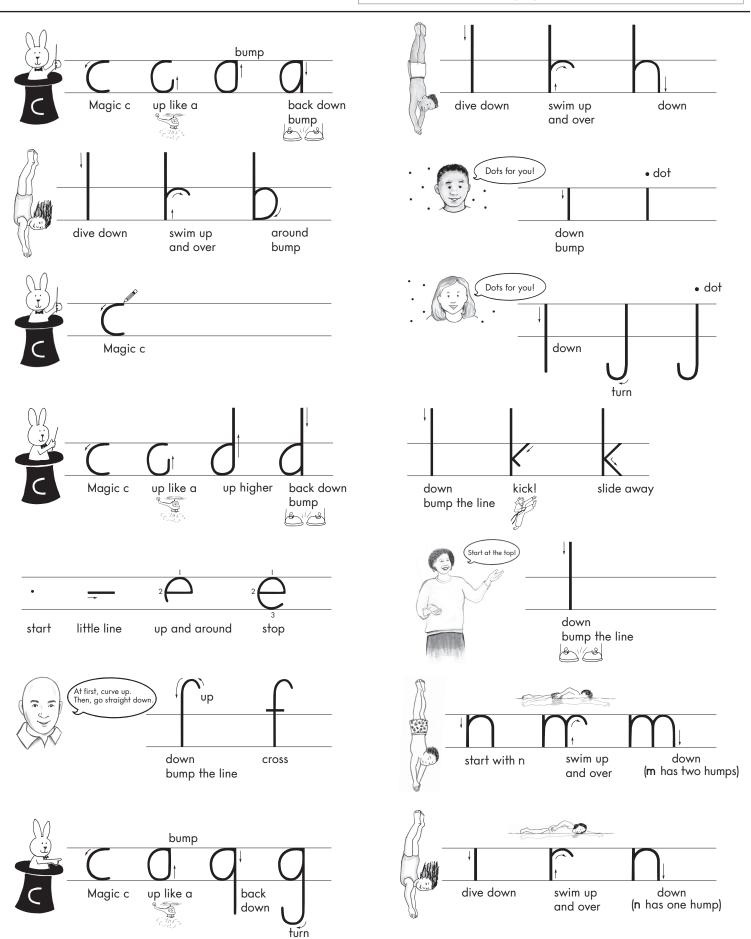


For more information about free resources to support learning at home, go to **LWTears.com/families**.

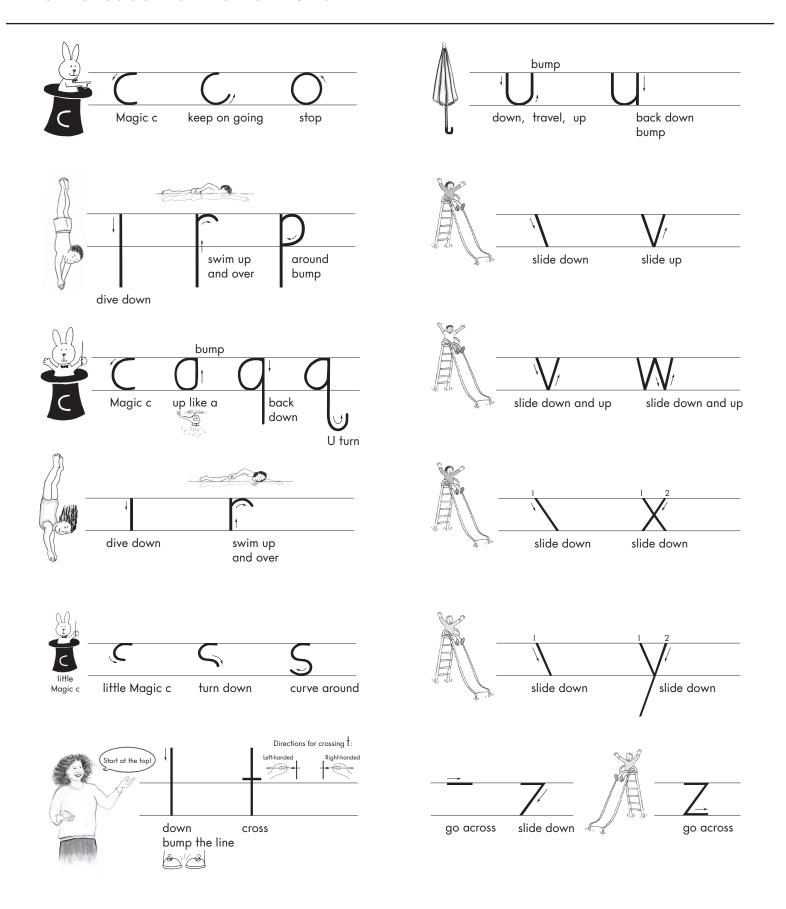


Lowercase Formation Chart

Lowercase letters are continuous stroke so you rarely lift up the pencil before you are done! Use the step-by-step language to help your child learn the letter formation language.



Lowercase Formation Chart



Letter Stories

Fun stories help children remember letters that are a bit tricky.

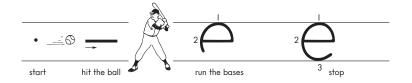
Honeybee

Say, "Let's make letter **h**. Now let's make another **h**. I have a surprise. This is an **h** for a honeybee." Turn **h** into **b**.



Run the Bases

Place the pencil on the dot. Say, "Batter up to bat. Here comes the pitch. Hit the ball, wait, then run the bases: first, second, third, stop! It's not a home run."



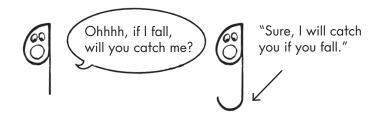
Fire Hose Squirts

Say, "f is like water squirting out of a fire hose. It goes up and then falls down."



If George Falls

Say, "Inside **g** lives a little man named George (draw a little face in **g**). He says, 'Ohhhh, if I fall, will you catch me?' Sure, I will catch you (turn the **g** to catch George) if you fall."

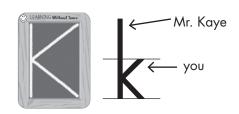


Karate K

Say, "The Big Line is Mr. Kaye, your karate teacher. He wants you to show him your kick.

K: Put your chalk in the corner. That's you. Now kick Mr. Kaye. Hiiii-ya. That's the karate **K**.

k: Put the pencil on the line. That's you. Now kick Mr. Kaye. Hiiii-ya. That's the karate **k**."



Letter Stories

Stinky m

Say, "If **m** has a big gap, people will throw trash in the gap. Don't make a big gap. Make the gap so little, there is only room for an upside down chocolate kiss."



Say, "The letter **q** is followed by **u**. Think of quiet, quit, quibble, quaint, etc. At the bottom of **q**, stop and make a U-turn."



Stop, Drop & Roll with S

Start **s** with a little **c**. Go over and say hello to the smiley face. Say, "What do you do if your clothes catch on fire? You stop, drop, and roll!"



Say hello to the smiley face.



Stop, drop, and roll.

T Is Tall, t Is Tall But...

Say, "Look at me. I can make capital **T**. Look at me. I can make lowercase **t**. Capital **T** is tall. Lowercase **t** is tall, but it's crossed lower. Capital **T** and lowercase **t** are both tall."





Z Z Chase

Say, "Left hand says, "I'm going to chase you." Right hand picks up the pencil and runs across the page.

Left hand says, "I'm kidding! Come back." Right hand slides back down toward the left hand.

Left hand says, "Ha! I'm going to chase you." Right hand runs back across."

(This story is for right-handers with z reversal problems, but can be adapted for lefties.)



Number Stories

We use Slate Chalkboards and Grey Blocks to help children learn to form numbers. The smiley face in the upper left helps to orient the child and the frame helps to prevent the child from reversing numbers.



- I starts in the Starting Corner.
- I makes a Big Line down.
- I stops in the corner.



- **b** starts in the Starting Corner.
- **b** is a baby bear.
- **b** goes down to curl up in the corner.
- **b** is hibernating.



- 2 starts in the Starting Corner.
- 2 makes a Big Curve.
- 2 stops in the corner.
- 2 walks away on the bottom.



- 7 starts in the Starting Corner.
- 7 makes a Little Line across the top.
- 7 says, "I better slide down."



- 3 starts in the Starting Corner.
- 3 makes a Little Curve to the middle.
- 3 makes another Little Curve to the bottom corner.



- 8 is different.
- 8 doesn't like corners.
- 8 starts at the top center.
- 8 begins with **S** and then goes home.



- 4 starts in the Starting Corner.
- 4 makes a Little Line down to the middle.
- 4 walks across the dark night.
- 4 jumps to the top and says, "I did it." (Big Line down)



- **1** is so special.
- **1** has its own corner.
- **1** makes a Little Curve and goes up to the corner.
- **1** makes a Big Line down.



- 5 starts in the Starting Corner.
- 5 makes a Little Line down to the middle. It starts to rain.
- 5 makes a Little Curve around.
- 5 puts a Little Line on top to stop the rain.





- 10 uses two places.
- I comes first.
- O is next.
- **0** starts at the top center.
- 10 is finished.

Preparing for Paper & Pencil

THREE EASY STEPS

When it comes to handwriting, children must be taught everything, including how to sit, position the paper, and hold a pencil. This is the physical approach to handwriting. Sometimes it's the physical approach, not the letters and numbers, that causes a child to struggle with handwriting. Think of it like playing a musical instrument; if you don't know how to position yourself and hold the instrument correctly, how can you play beautiful music? The same is true with writing letters and numbers. The ability to position yourself and hold your pencil correctly has a lot to do with being able to write legibly.

Important questions:

- What affects children's posture?
- How should the paper be placed?
- What is the secret to a good pencil grip?

STEP 1 - POSTURE

Does the furniture fit? The right size and style of chair and desk affect school performance. Children don't come in a standard size. Check that every child can sit with feet flat on the floor and arms resting comfortably. Children who sit on their feet often will lose stability in their upper torso. On the following page, we show you how good posture can be fun. We have a secret for getting children to stop sitting on their feet.



There's a misconception that people should slant their paper to make slanted writing. Not true. In fact, we slant paper so that it fits the natural arc of the forearm. Children who slant their papers properly can write faster because the arm moves naturally with the paper.

STEP 3 - GRASPING GRIP

The most important thing to understand about pencil grip is it doesn't develop naturally—it is learned. Based on our years of experience helping children, we developed our own theories about how to develop good pencil grip habits effectively. Because children are born imitators, demonstration will lead to success.

On the next few pages, you will find fun strategies to help you teach posture, paper, and pencil skills.





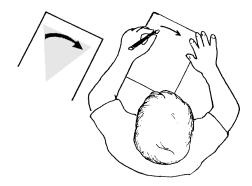


Paper Placement & Pencil Grip

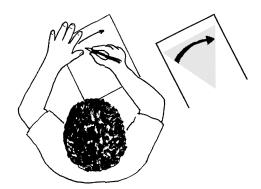
PLACE THE PAPER

How do you position paper correctly? Some children may lean over in an awkward position to write. Children who put their paper in front of them and slant it properly can write more efficiently because they position their arms naturally with the paper. You need to teach them how to place their papers appropriately. Have your students turn to p. 6 in *Kick Start Kindergarten*, and teach them how to slant their papers for their handedness.

Children who are able to print sentences across the page are ready to tilt the paper at a slight angle to follow the natural arc of the writing hand. The correct way to tilt the paper is easy to remember (see illustrations below). For right-handed children, put the right corner higher; for left-handed children, put the left corner higher. The writing hand is below the line of writing. This practice encourages a correct, neutral wrist position.



Left-Handed Students



Right-Handed Students

LOOKING OUT FOR LEFTIES

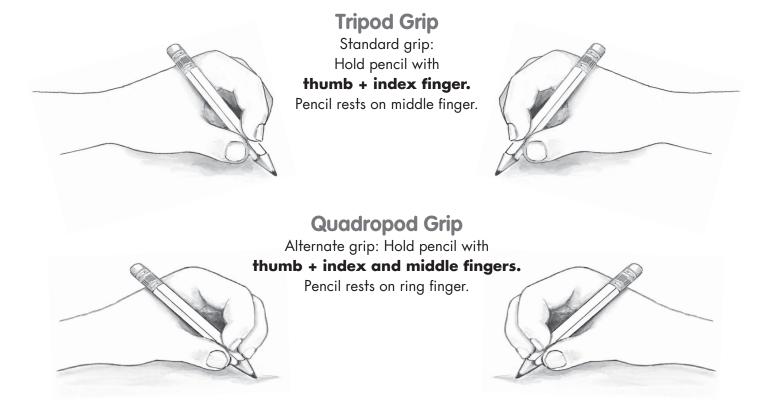
When writing, we typically travel from top to bottom and left to right. At times, left-handed children may choose to cross letters by pulling their writing hand from right to left. This is natural. Model it for them in their student editions for the letters below.

Mark arrows \rightarrow for right-handed students. Mark arrows \leftarrow for left-handed students.



The Correct Grip

The standard way for children to hold their pencil is illustrated below. If you write using a grip that is different than tripod or quadropod, alter your grip for classroom demonstration.



A Note About Pencil Size



Start by using golf-size pencils. As children gain handwriting experience, their control will improve. Typically, as children gain more control in first grade, they will be ready for a standard-size pencil.

Flip the Pencil Trick

Here is another method that someone introduced to us at a workshop. It's such fun that we love to share it. Children like to do it and it puts the pencil in the correct position. (Illustrated for right-handed students.)

Place pencil on table pointing away from you. Pinch the pencil on the paint where the paint meets the wood.

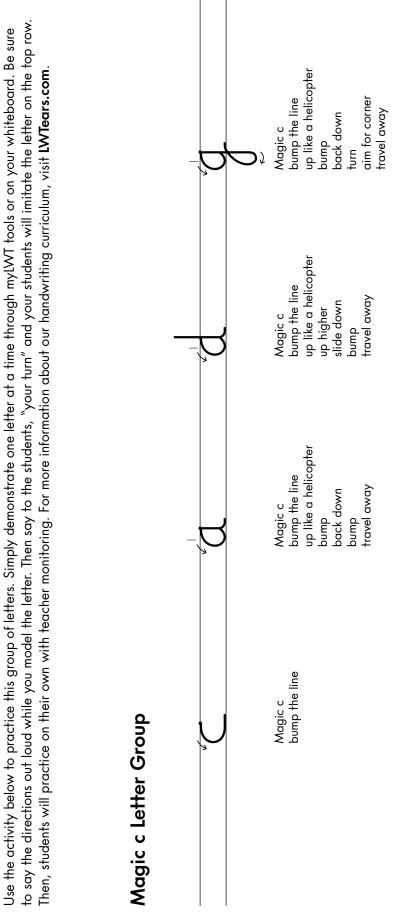
Hold the eraser and twirl the pencil around.

Voilà! Correct grip.

Magic c Letter Group – C, α , d, and g

Dear Families,

to say the directions out loud while you model the letter. Then say to the students, "your turn" and your students will imitate the letter on the top row. Use the activity below to practice this group of letters. Simply demonstrate one letter at a time through myLWT tools or on your whiteboard. Be sure



Student Practice:

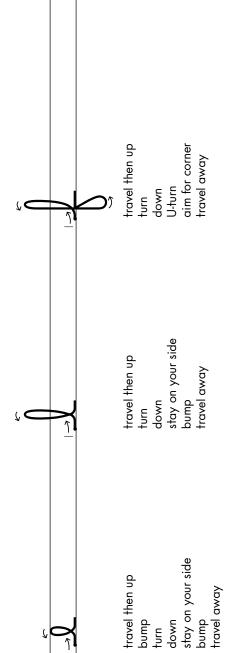
Student Imitation:

Letter Group with $_{\&}$, &, and \cline{R}

Dear Families,

Use the activity below to practice this group of letters. Simply demonstrate one letter at a time through myLWT tools or on your whiteboard. Be sure to say the directions out loud while you model the letter. Then say to the students, "your turn" and your students will imitate the letter on the top row. Then, students will practice on their own with teacher monitoring. For more information about our handwriting curriculum, visit LWTears.com.

Letter Group with e, I, and f



Student Imitation:

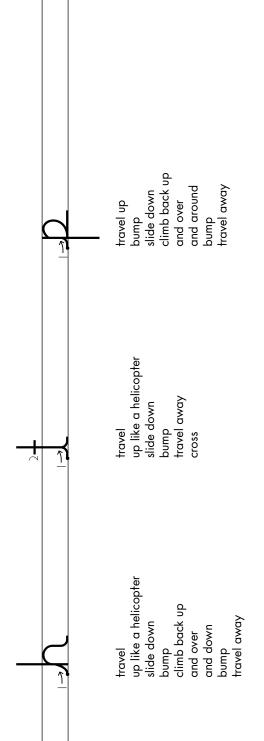
Student Practice:

Letter Group with $h, \ t, \ and \ p$

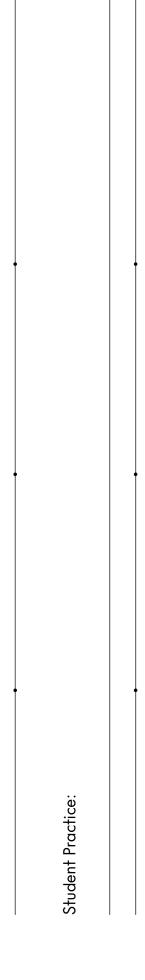
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Letter Group with h, t, and p



Student Imitation:

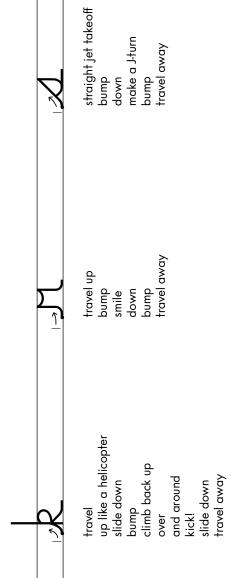


Letter Group with k, π , and Δ

Dear Families,

Use the activity below to practice this group of letters. Simply demonstrate one letter at a time through myLWT tools or on your whiteboard. Be sure to say the directions out loud while you model the letter. Then say to the students, "your turn" and your students will imitate the letter on the top row. Then, students will practice on their own with teacher monitoring. For more information about our handwriting curriculum, visit LWTears.com.

Letter Group with k, r, and s



Student Practice:

Student Imitation:

Letter Group with m and m

Dear Families,

Use the activity below to practice this group of letters. Simply demonstrate one letter at a time through myLWT tools or on your whiteboard. Be sure to say the directions out loud while you model the letter. Then say to the students, "your turn" and your students will imitate the letter on the top row. Then, students will practice on their own with teacher monitoring. For more information about our handwriting curriculum, visit **LWTears.com**.

Letter Group with m and n

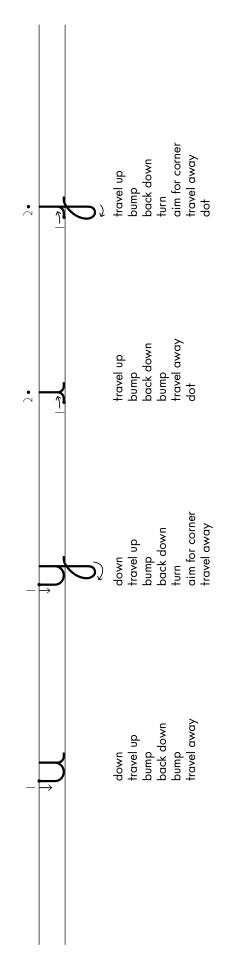
Student Practice: Student Practice:			
Student Imitation: Student Practice:		travel up and over down up and over down again travel away	travel up and over down again travel away
Student Practice:	Student Imitation:		
	Student Practice:		

Letter Group with u, y, i, and j

Dear Families,

Use the activity below to practice this group of letters. Simply demonstrate one letter at a time through myLWT tools or on your whiteboard. Be sure to say the directions out loud while you model the letter. Then say to the students, "your turn" and your students will imitate the letter on the top row. Then, students will practice on their own with teacher monitoring. For more information about our handwriting curriculum, visit LWTears.com.

Letter Group with u, y, j, and i



Student Imitation:

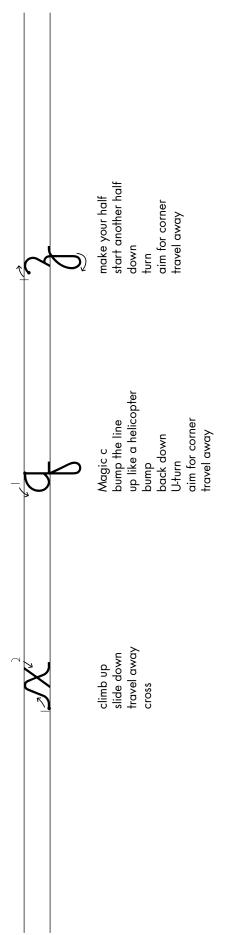


Letter Group with ∞ , q, and s

Dear Families,

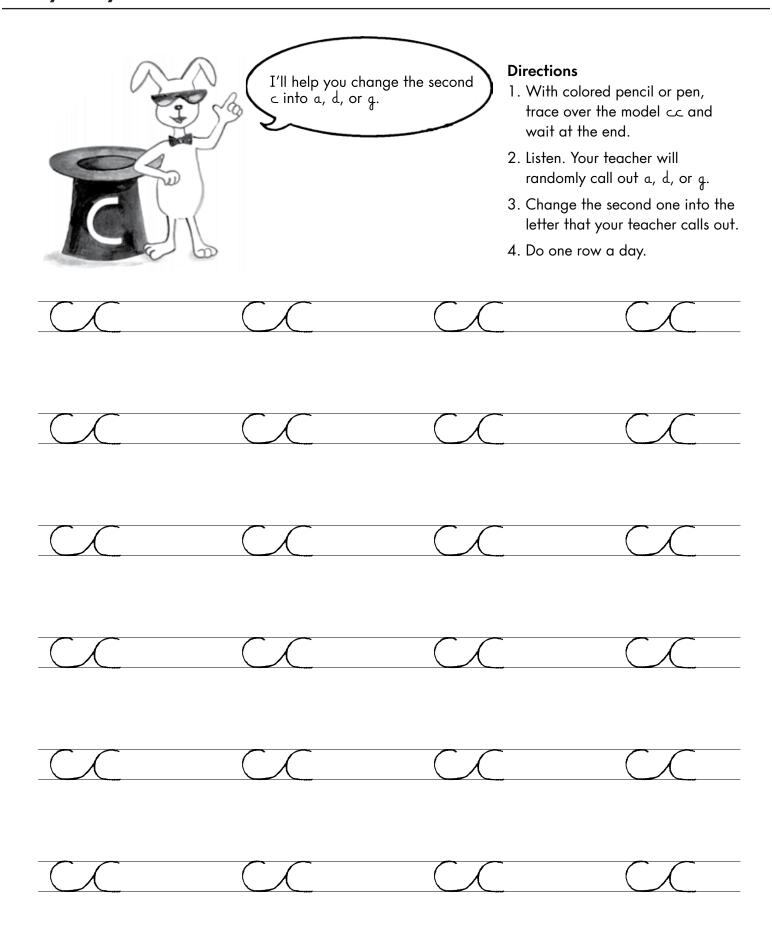
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Letter Group with x, q, and z

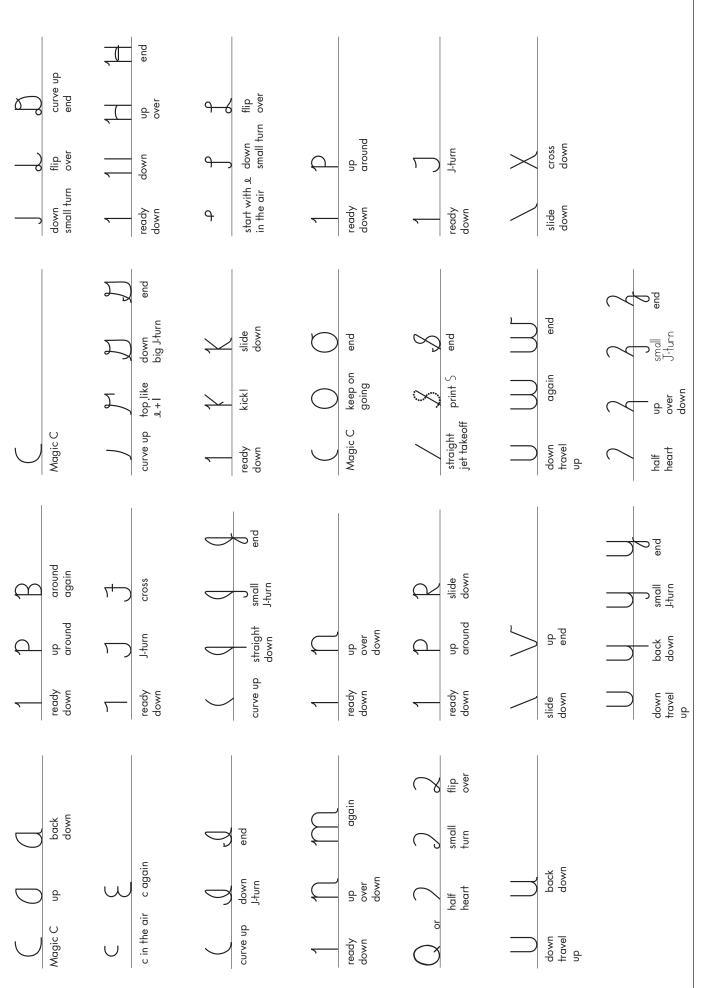


Student Imitation:

Student Practice:



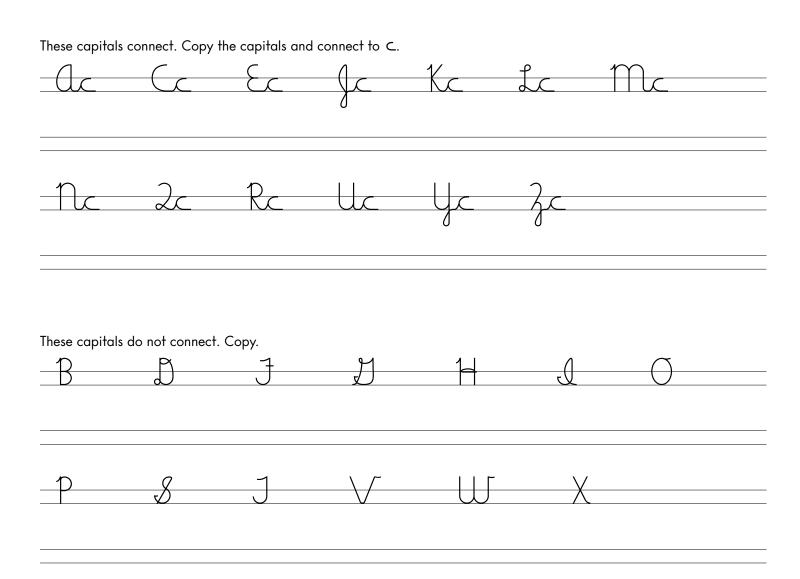
Cursive Capitals Formation Chart



Capital Connections

Dear Families,

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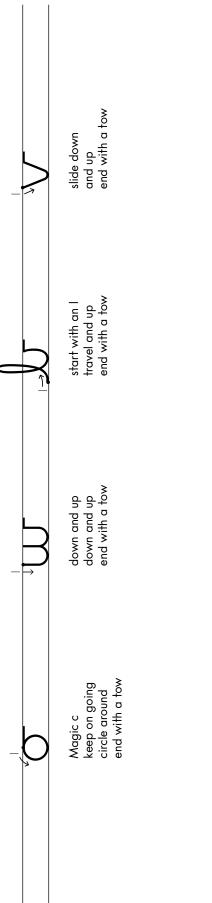


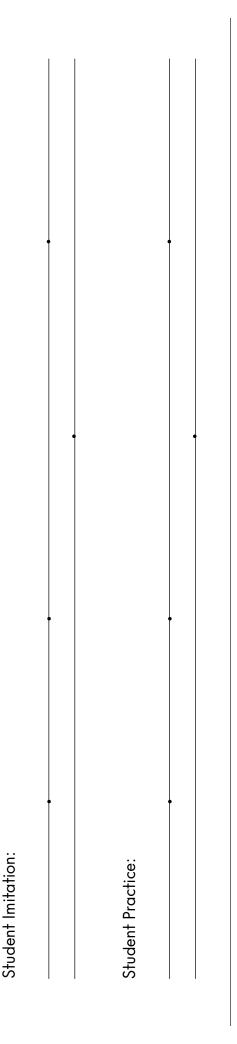
Tow Truck Letters – σ , ω , b, and \vee

Dear Families,

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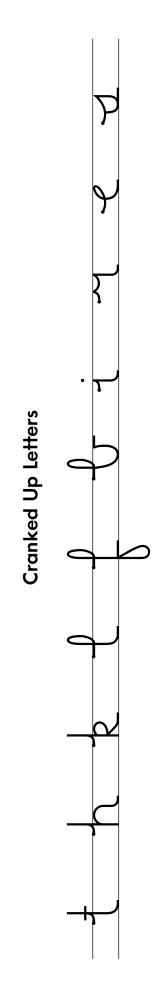




Cranked Up Letters

Dear Families,

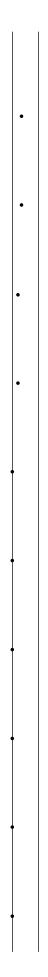
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Student Imitation:



Student Practice:



Connections Mini Quiz...

Write the connection. Circle whether it was easy or tricky.

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easy tricky

on – tricky, an – easy , id – easy, od – tricky , bi – tricky, ai – easy, og – easy, mg – tricky, th – easy, wh – tricky , ve – tricky , nl – easy **Answers:**

Connections Mini Quiz...

Write the connection. Circle whether it was easy or tricky.

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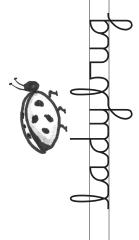
easy tricky

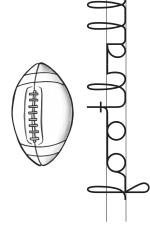
Answers:

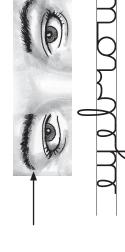
on - tricky, an - easy, id - easy, od - tricky, Di - tricky, di - easy, og - easy, mg - tricky, th - easy, wh - tricky, ve - tricky, , ne - easy

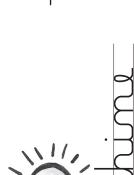
Compound Words

Write the words in cursive.

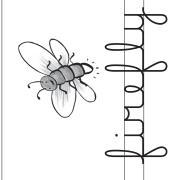






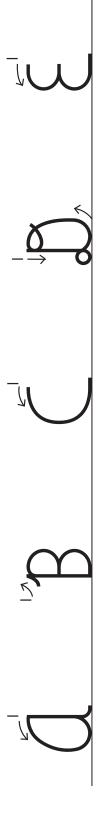






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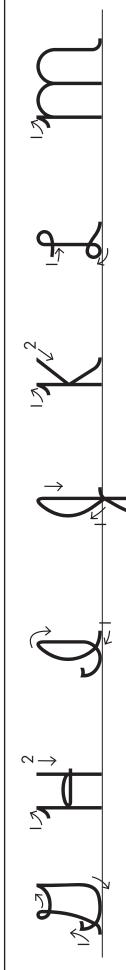
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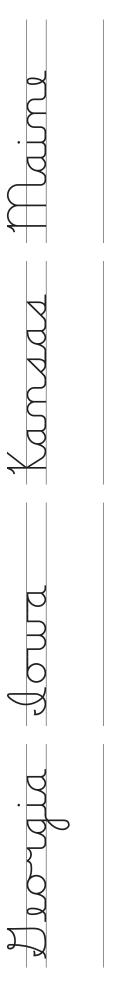
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Copy the names.

Write more names.

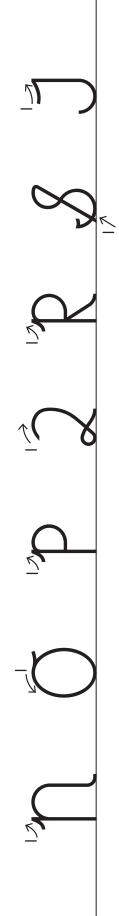


Copy the states.



Copy the names.

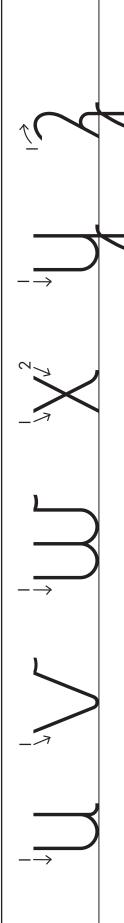
Write more names.



Copy the states.

Copy the names.

Write more names.



Copy the states.

Copy the names.

Write more names.

Date		
Write your own thank you letter. Make sure to place a comma after the greeting.	Greeting Body Body Jhamk	

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Closing Q .	S S	Signature	

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