

Environmental Supports for School Dressing in Hallway or Cloakroom

Students require a reduction in environmental distractions to maintain focus during dressing. To assist students in becoming more independent during this task:

- a visual schedule can be used.
- clearly label hooks/ bins
- reduce the number of students in the hallway/ cloakroom at one time.
- consider an alternative schedule – enter or exits before or after the other students.
- consider using sensory strategies such as noise cancelling headphones.
- assign hooks away from as many distractions as possible.
- use chairs – it helps when balance is a challenge or can help create boundaries for a student that gets distracted or tends to wander.

| Arrival at school | | |
|-------------------|---|--|
| 1 |  | Take off coat <small>(coat, sweater, scarf and hat)</small> |
| 2 |  | Open Backpack |
| 3 |  | Take out work |
| 4 |  | Take out lunch |
| 5 |  | Hang up coat |
| 6 |  | Hang up backpack |

