

BACK TO SCHOOL

A SENSORY STORY

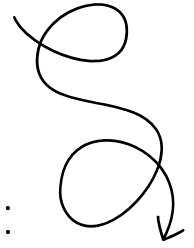


EDITABLE &
CUSTOMIZABLE!



BACK TO SCHOOL

A SENSORY STORY



PERSONALIZE TITLE PAGE:

1. Save PDF on your device.
2. Open in Adobe.
3. TYPE into title page.

INCLUDES:

- 34 DIFFERENT STORY PAGES!
- PERSONALIZE TITLE PAGE



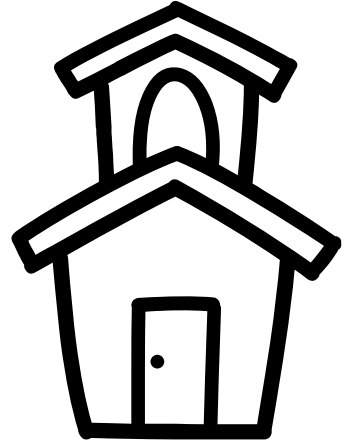
DIRECTIONS FOR SENSORY STORY ASSEMBLY

1. Print the pages.
2. Cut along the center line as there are two story pages per sheet.
3. The story will be customized to each child's needs or situation.
4. Some pages may be added or omitted if they do not apply to the child's given situation. For example, the child may or may not ride a bus to school.
5. The last 7 pages include many sensory strategies. The story can be customized to use the strategies that will work best for the child. For example, if the child has difficulty sitting still, select a strategy that may help him/her sit still while at his/her desk. If a child has difficulty keeping his/her hands to their self, select a strategy that will help him/her do so.
6. Once a sensory strategy page is selected, place that page in the correct sequence in the story book.
7. Once all pages are properly arranged, staple on the left.
8. Enjoy reading with your child!

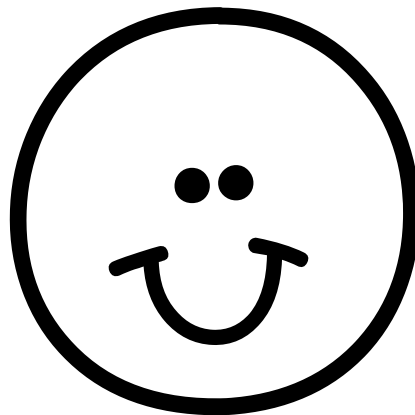
BACK TO SCHOOL

A SENSORY STORY

Written for _____



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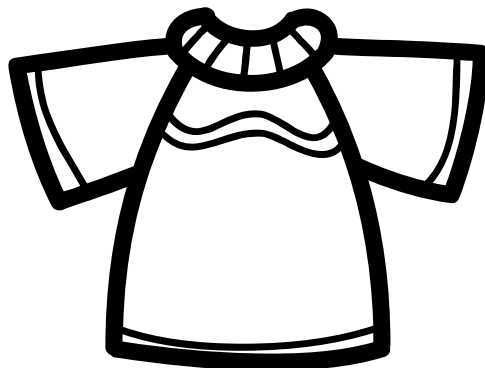
Summer break is over. That can make me feel happy because school is so much fun!

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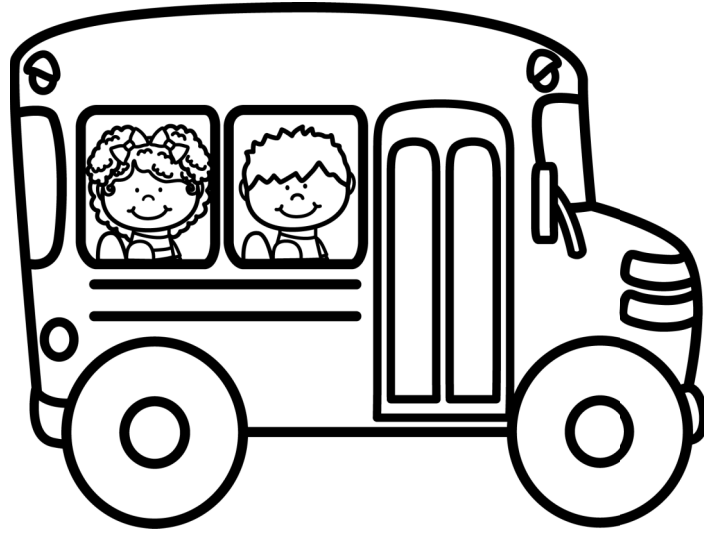
Summer break is over. That can make me feel sad because summer is fun!

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I may wear new clothes to school. The night before school I will try to pick clothes that feel soft and comfortable.

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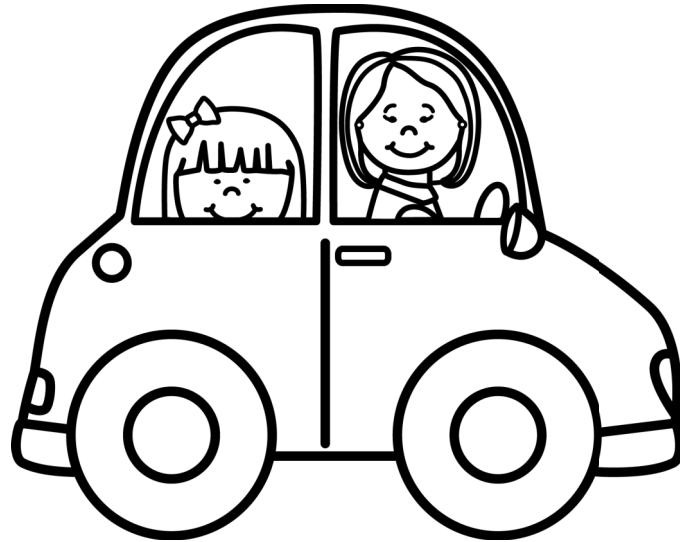
I am taking the bus to school.
It may be noisy, smelly, and bumpy.
That may bother me.

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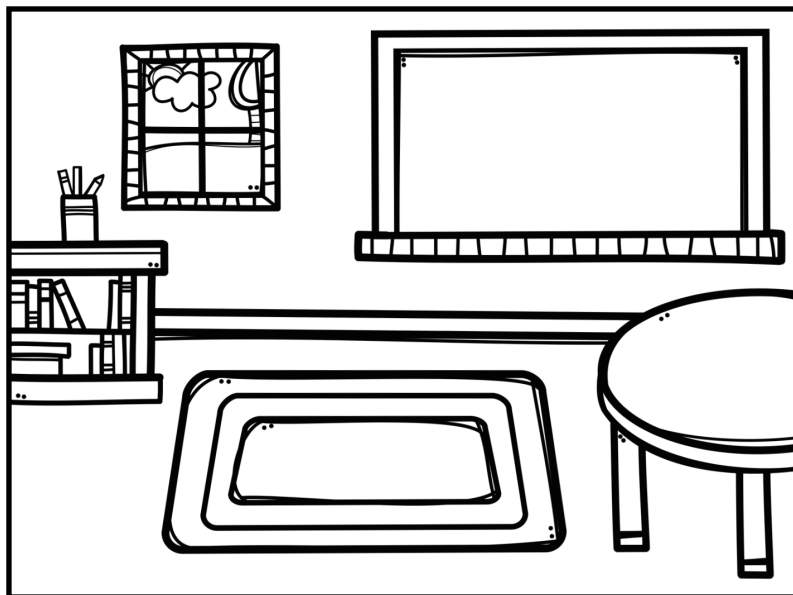
I am driving to school with my parent(s).
I wave good bye.
They will be back before you know it!

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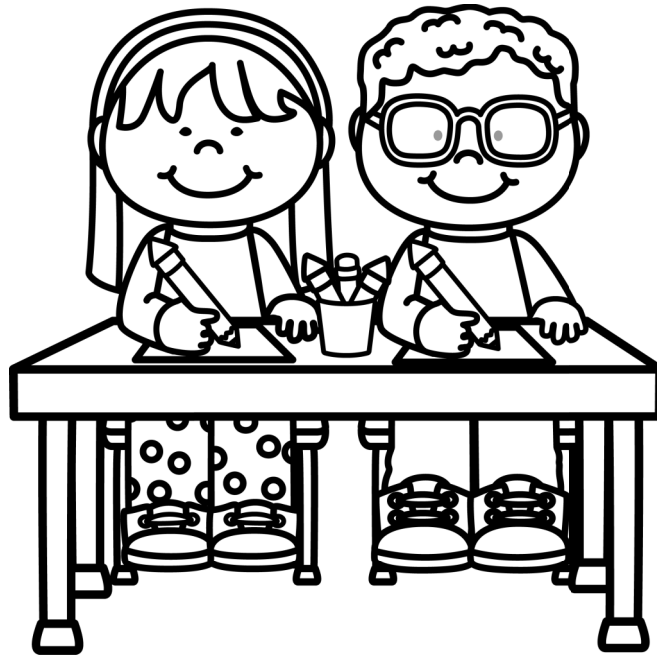
I am driving to school with my parent(s).
I wave good bye.
They will be back before you know it!

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My classroom has many things to look at.
That may bother my eyes at times.

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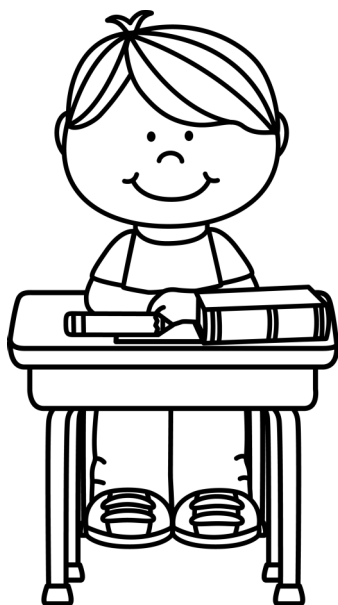
I need to sit still at my desk or table.
That may be tricky to do!

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I need to sit still at my desk or table.
That may be tricky to do!

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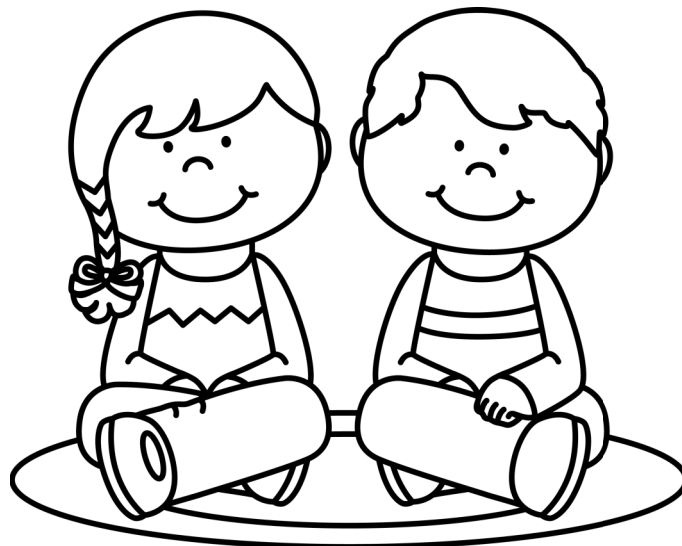
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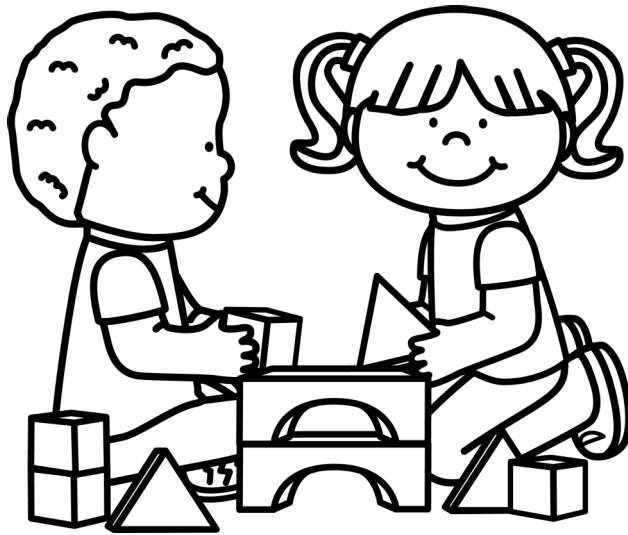
When I sit on the rug I keep my hands to myself. That may be tricky to do!

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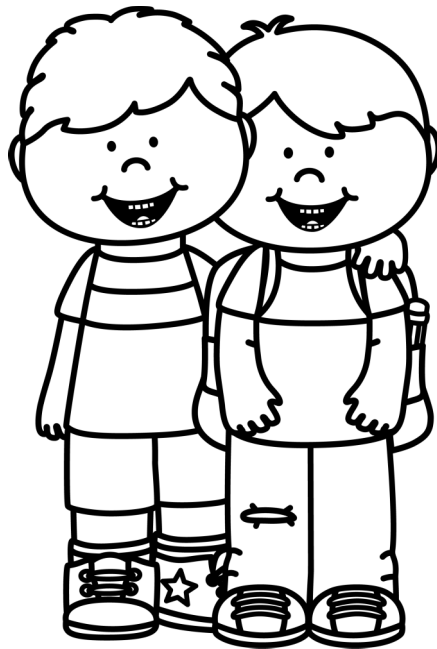
When I sit on the rug I keep my hands to myself. That may be tricky to do!

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I will make friends at school!

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I will make friends at school!

ToolsToGrowOT.com



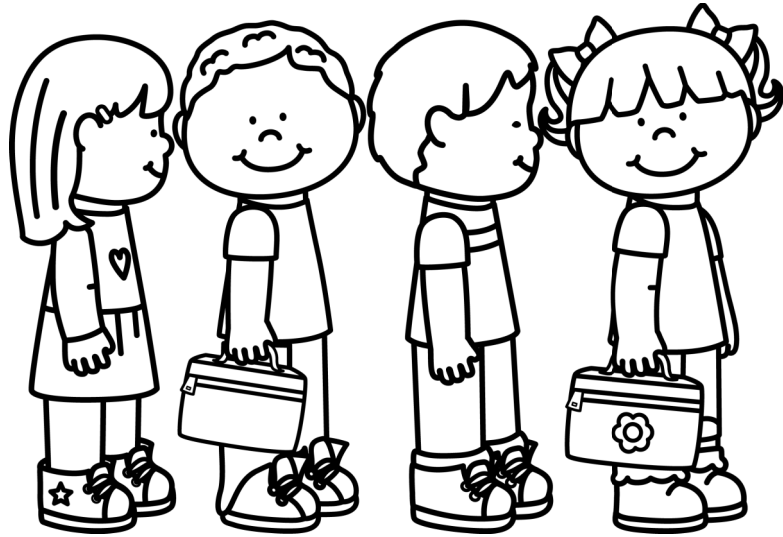
I will make friends at school!

ToolsToGrowOT.com



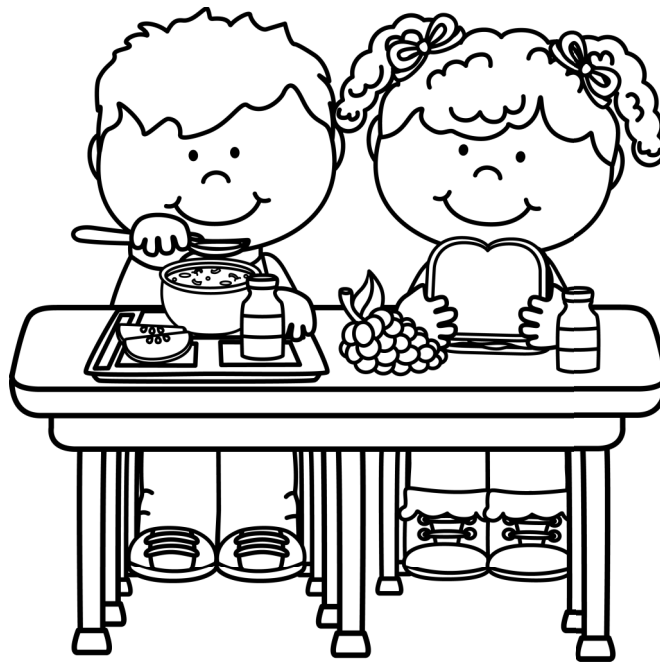
My teacher may need to touch my hands or arms to help me learn. That may bother me.

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In the hallway I need to control my body.
I can ask to stand in the front
or back of the line.

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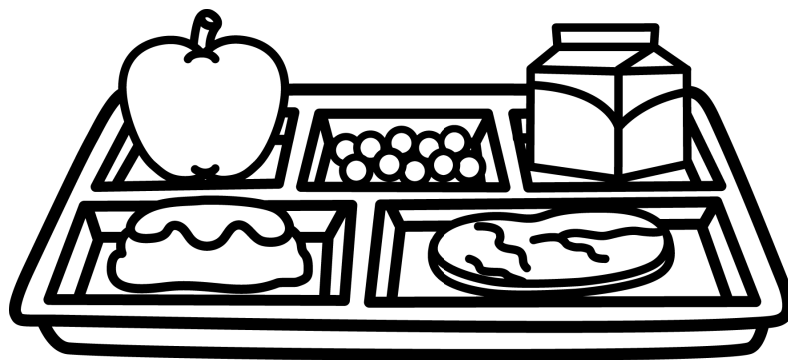
Having meals with my friends will be fun!

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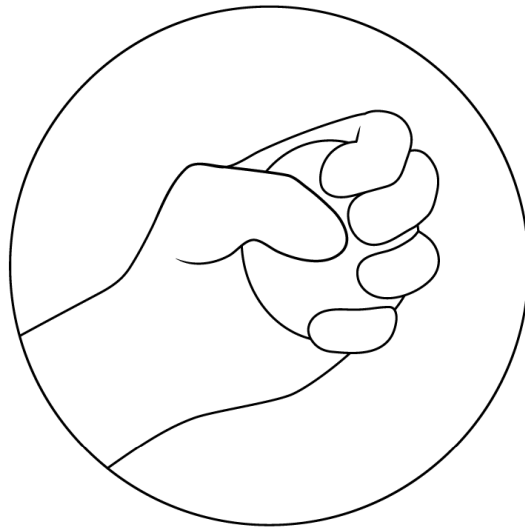
The lunch room or cafeteria may be loud and smelly. I may see new foods. That may bother me.

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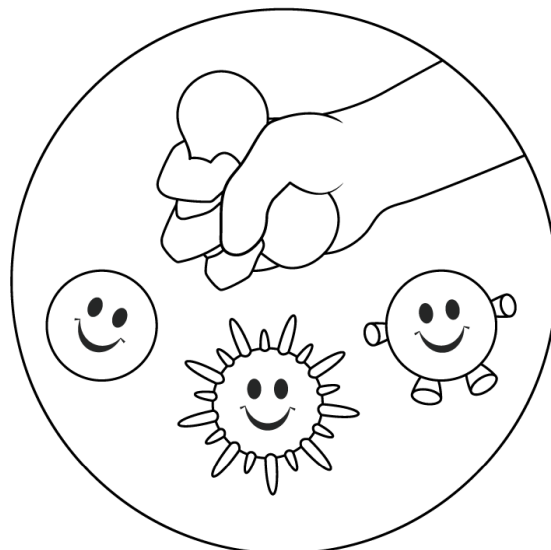
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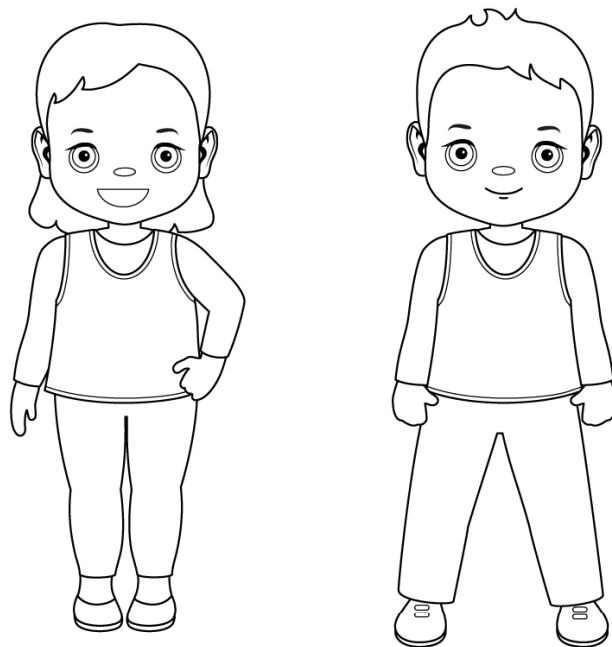
I can sit and pay attention better
when I hold my fidgets.

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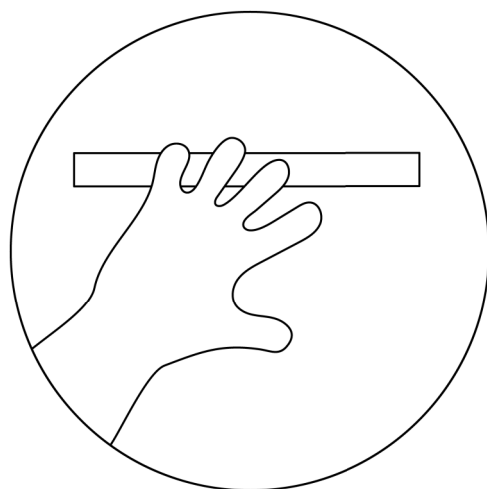
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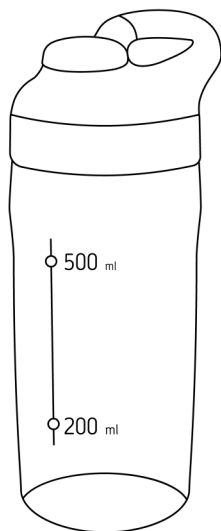
I feel calmer walking in the hall when I wear a heavy backpack or weighted vest.

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I can sit and pay attention better when I have Velcro under my desk.

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I can sit and pay attention better
when I sip my water bottle.

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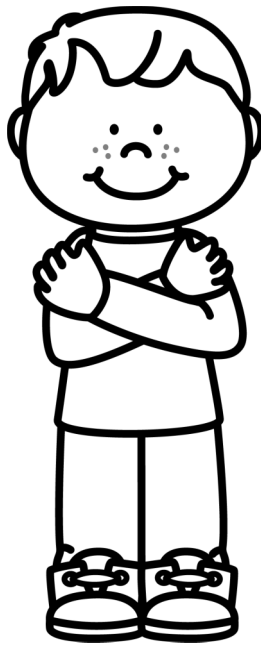
I can sit and pay attention better
when I use a heavy lap pad.

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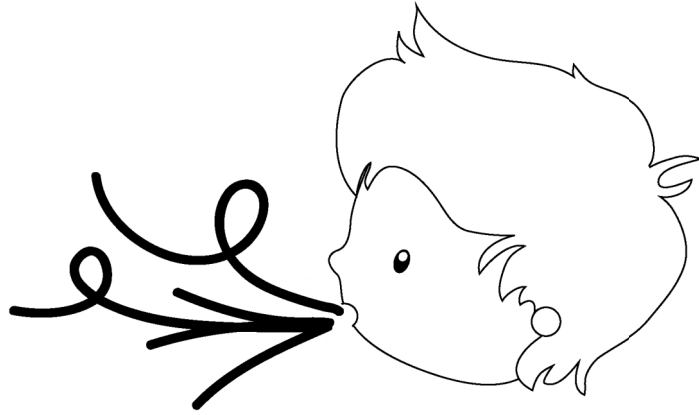
When it is loud I feel calmer
when I use my head phones.

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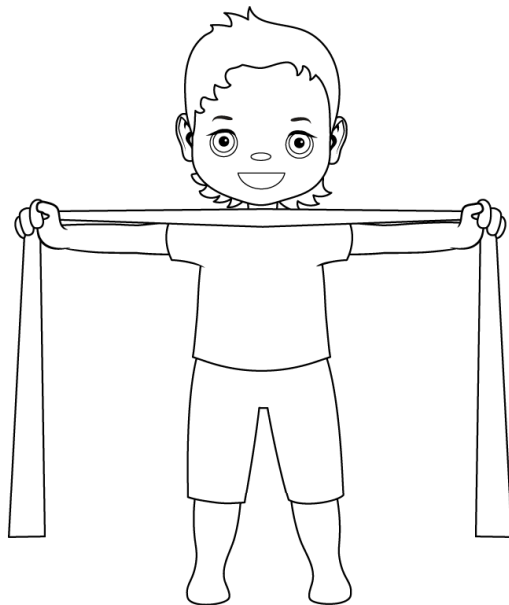
I can calm my body when
I give myself a hug.

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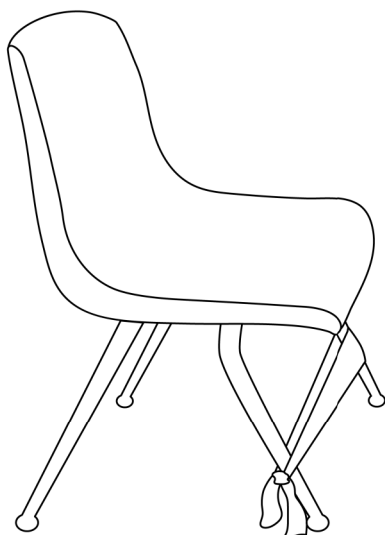
I can calm my body when
I slowly breathe in and out.

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I can calm my body when I use
exercise band to stretch and pull.

ToolsToGrowOT.com



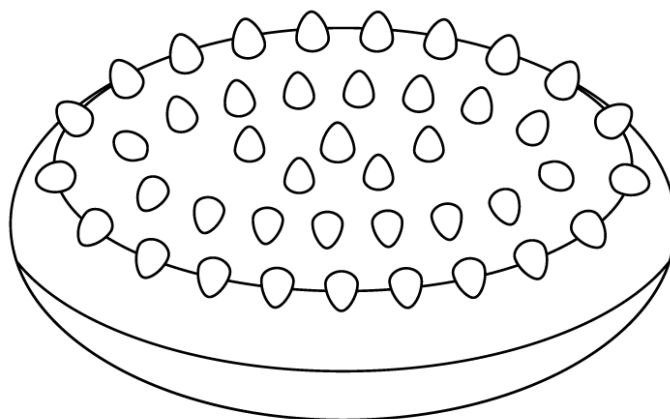
I can sit and pay attention better when I bounce my feet on a band on the bottom of my chair.

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I can sit and pay attention better when I do my chair push-ups.

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I can sit and pay attention better
when I use a cushion on my chair.