

# **Ontario Autism Program - Durham Entry to School Program**



#### **Goals for Today**



By the end of the session you will:

- Increase your understanding of the Entry to School program
- Be aware of how to prepare your child to start the program
- Have an opportunity to ask questions and be prepared to provide your informed consent for your child's participation







### Land Acknowledgement

The lands, waters, nature and sky that Grandview Kids is privileged to exist within have long been home to the Michi Saagiig Anishinaabeg. We acknowledge the lands of the traditional and treaty territories covered under the Williams Treaties, including the Mississaugas of Scugog Island First Nation, Alderville First Nation, Hiawatha First Nation, Curve Lake First Nation and the Chippewa Nation of Georgina Island, Beau Soleil and Rama. We are responsible for building stronger relationships with clients, caregivers, partners and colleagues from First Nations, Métis and Inuit communities. Through our shared values of belonging, excellence, connection, discovery and celebration, Grandview Kids commits to seeking truth and upholding reconciliation.





#### The Ontario Autism Program – Durham (OAP-D)

#### Our mission is to provide high-quality programs and services to children and youth with disabilities and their families in the Durham Region.





# The Ontario Autism Program (OAP)

All children and youth up to 18 years with a written diagnosis of Autism Spectrum Disorder (ASD) from a qualified professional will be eligible to register for the OAP and have access to:

| Core Clinical<br>Services  | Foundational<br>Family Services   | Early Years<br>Supports and<br>Entry to School<br>Services   | Urgent Response<br>Services  | Care Coordinators  |
|--|---|--|--|--|
| Applied behaviour<br>analysis, speech<br>language pathology,<br>occupational therapy<br>and mental health<br>services. | For all families in the<br>OAP, to build their<br>capacity to support<br>their child's learning<br>and development. | To help young<br>children access<br>critical services when<br>they will benefit most,<br>and to prepare them<br>for school.<br>Caregiver-mediated<br>early years programs<br>fit here. | To support children<br>and youth with a<br>significant and<br>immediate need that<br>could cause harm to<br>themselves, others<br>and/or property. | To support families<br>throughout their<br>journey by providing<br>orientation to the<br>program, service<br>planning and<br>navigation, and help<br>with managing<br>transitions. |







# What is the Entry to School program?

#### Overview

- An early years program within the needs-based OAP
- Goal: prepare your child to successfully transition to school
- Goal: investigate and trial supports for the classroom







#### **ETS** Timeline

#### **School Readiness** Phase

#### February September Start of the Entry to **School Starts** School Program and and Transition **School Registration** to School Phase Begins August **School Readiness Phase** Graduation!



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#### **Transition to School** Phase

#### February

#### Entry to School Program Ends

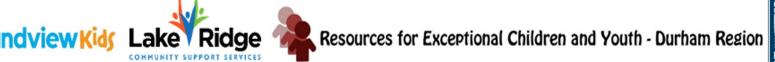
#### **School Readiness**

#### **Part One:**

- Six-month group program
  - (up to) five half days for six months
- Building skills to support transition to school
- Multidisciplinary team approach
- Small groups with a 3:1 ratio of children to group facilitators









### **Transition to School**

#### **Part Two:**

- School entry
- Up to six-months of transition supports in school led by the **Transition Coordinator**
- Collaboration with school staff



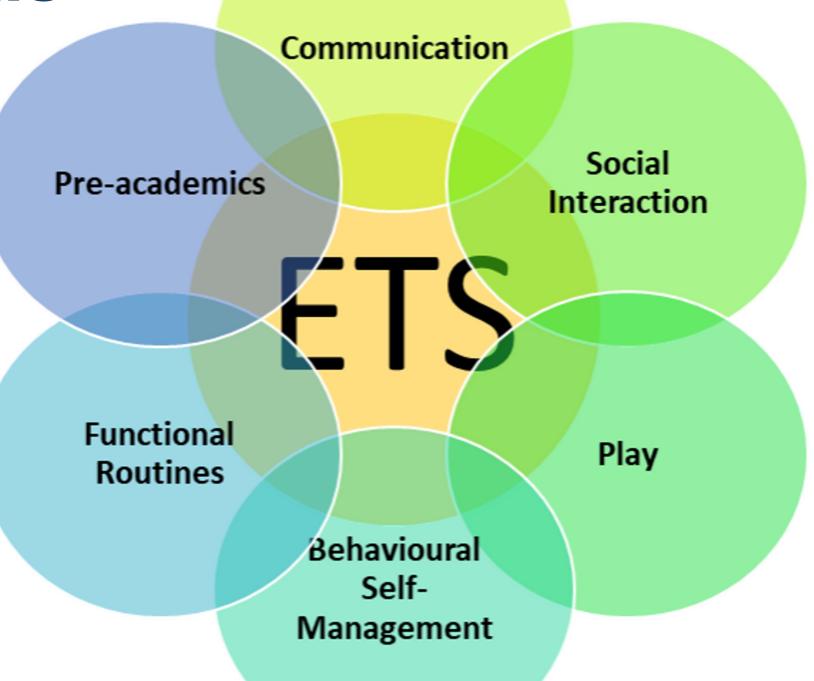






# Part One in Detail: Group-Based Skill Building

#### Six Skill Areas

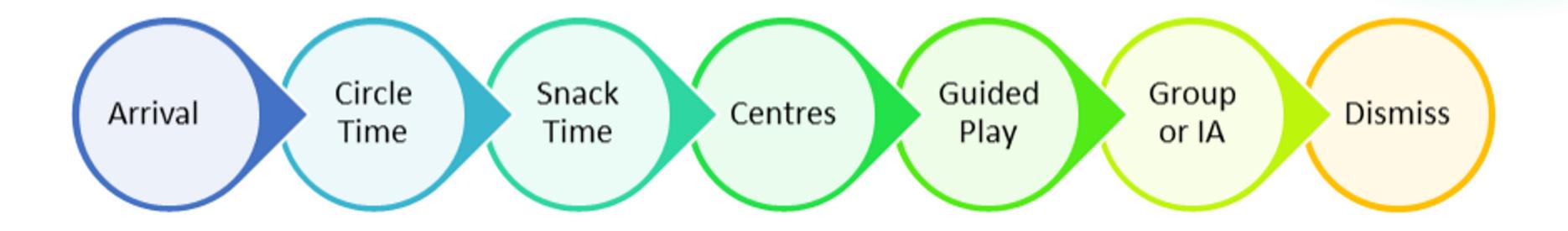






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### Sample Daily Schedule





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# Part Two: Transition to School

### **School Entry**

- Transition Coordinator to take the lead in supporting this transition
- Consulting team can support referrals for additional supports
- Supports provided are based on identified need









# **The ETS Team**



#### The ETS Team









**Consulting Team:**  Behaviour Consultant Occupational Therapist • Speech Language Pathologist • Transition Coordinator

#### **ETS Team Responsibilities**

**Group Program Team (Classroom** Lead & **Facilitators**)

- Implement ETS curriculum Facilitate individualized and group programming Collect data to guide clinical decision making and track
- progress

- **Consulting Team** (BC, OT, SLP, TC)
- Support group facilitators Provide coaching supports Monitor group and individual ulletprogress







- Coordinate with other
  - services/providers

### **Occupational Therapist (OT)**

 OTs help to develop strategies to support children and their families to increase participation in meaningful activities such as:

#### **Self-Care** - dressing, feeding,

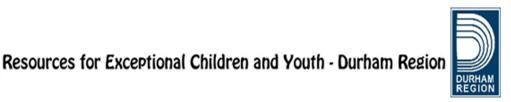
toileting

#### Productivity

participating in school \_ activities (printing, following routines)

- Strengths-based approach to build skills, identify sensory strategies, environmental modifications, and activity adaptations for the child
- Completes specialized equipment recommendations to the school, if needed





#### Leisure play and social activities

# Speech and Language Pathologist (SLP)



which includes:

- social interaction,
- receptive language (understanding)
- expressive language (use of language)
- speech production
- development and use of augmentative and alternative communication (AAC), if required





SLPs focus on developing communication skills/ addressing communication difficulties

# Behaviour Consultant (BC)

- Scope of practice is guided by the principles of Applied Behaviour Analysis (ABA)
  - examples include skill building, following routines and increasing motivation
- Provides ongoing supervision to group facilitators
- Ensure that all recommended strategies from members of the consultation team are being used by group facilitators







# **Transition Coordinator (TC)**

- Coordinates communication and collaboration between family, school, and ETS team
- Problem-solves barriers to accessing ETS program and/or school and assists family to advocate during school transition Understanding of your child's needs gained through classroom
- visits and communication with caregivers





### **Peer Navigator**

- Part of Grandview Kids' Family Engagement Team (FET)
- Combines lived experience (as parent to autistic child who participated in ETS Program) with specialized training to provide peer support and mentoring to families throughout their journey
- Bridges gap between clinical team and clients/caregivers
- Provides group-based and 1:1 support (e.g., coffee chats, networking events, individual coaching)
- Helps build connections for families beyond the ETS program





# What is Out of the Scope of Entry to School

### The ETS Program...

- Does not provide intensive, individual (1:1) support and teaching with your child
  - Some individual modelling and coaching may occur to support your child's areas of development
  - Focus on general 'good for all' strategies that will support child's success in the classroom environment
  - The SLP/OT/BC is a consultative model. They are not on site every day however they visit the classroom 1-2 times per week





### The ETS Program is <u>unable</u> to support...

- Toilet training until signs of readiness are observed and they are showing success at home (due to limitations with staffing ratios and the extensive requirements for toileting success)
- Behavioural concerns that are specific to home (strategies) being used in the ETS classroom environment can be shared)
- Feeding concerns (i.e., picky eating, oral motor skills)



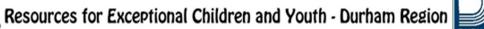


# **Caregiver Commitment**

### **Caregiver Commitment**

- Communicate relevant information to the team to support their child's participation in the program
- We recognize you are the experts on your child
- Ask questions and give input
- Consistent attendance
- Share skill development outside of group time
- Provide feedback on the program
- Provide your child with materials needed for daily participation in the program Participate in workshop offerings as they arise throughout the ETS
- program







### **Attendance and Participation**

- Consistent attendance in the ETS program is required for the most success.
- If your child will be away from the program, please let your classroom team know as soon as possible.
- Please use the attendance form to submit an absence or to let your classroom lead know of late arrival for your child
- There may be times when service may be cancelled as we aim to maintain a ratio of 1 staff to every 3 children.
  - The team will let you know of this via phone and/or email as soon as possible prior to your session start time (at least 1 hour prior to) In order to ensure equity across all children, a rotating cancellation list will be created for each classroom location.



#### **Communication with Caregivers**

You can expect:

- Updates during group-based program
- Primarily from group program team
- Consultation team will provide as needed
- Progress review meeting
- Transition report at the end of the six month group







### **Generalizing Skills to Home**



Your team can support you in generalizing your child's learned skills to home and provide you with resources to teach you how to embed these skills into home routines and activities!



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### **Illness Protocols**



#### Illness Protocols

As per public health guidelines, please do not send your child if they present with any of the following:

- vomiting/diarrhea (48 hours symptom free)
- new rash
- fever
- lice
- pink eye

Any updates to protocols will be sent via email







# **Child Assent**



#### **Child Assent**

Your child might not always be able to TELL us they want to participate, but they may engage in behaviours that SHOW us. This is called assent.

Common assent behaviours:

- smiling
- laughing
- reaching for staff

Common assent withdrawal behaviours:

- crying
- walking away
- saying "no"









#### Services

Group-based programming:

- Six skills areas: communication, social interaction, functional routines, play, behavioural self-management, and pre-academics (learning and attention)
- Provided by group facilitators with consultation from BC, OT, SLP, and TC

Transition to school:

 Consulting team will discuss progress with you and your chosen school





#### Services - Assessment

#### **Purpose of assessment:**

- Gather baseline of skill level and select priorities within the 6 skill areas
- Monitor progress within the skill areas
- Ongoing throughout the group program
- MAY include formal/informal assessment, observation/interaction with your child, and parent/caregiver report
- Monitoring to ensure the safety of your child to include risk assessments and safety planning







#### **Risks and Benefits**

#### **Risks**:

- No anonymity within group
- Large time commitment
- Falls, trips, and physical interactions between children may occur
- Fatigue and frustration

#### **Benefits**:

- Improved skills
- Increase your child's readiness for school
- Increase independence in the six skill areas of the program
- Increase school's preparedness for your child







### Visiting Observers

- We may receive requests for outside providers to visit the group-based program
- You will be notified of any request we receive
- Visitors will be asked to complete a confidentiality form
- Visitors will not be allowed to take pictures of children in the group









### **Information Sharing**

 Co-delivered program between Resources for Exceptional Children and Youth – Durham Region, Lake Ridge Community Support Services, Grandview Kids, and The **Regional Municipality of Durham** 







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### Secure Electronic Communication & Video Conferencing

- Written communication may involve transferring information using a secure electronic server such as email or fax
- In addition, secure video conferencing may be used to communicate with parents/caregivers or other members of the clients care team.







### What to Expect Prior to Group Start

If you have not already, you will receive communication via email from the classroom lead at the location you have registered for

- Site specific information will be shared to include: Members of your ETS team/their roles and contact information Information for an 'Open House' visit to the location you have •
- registered for









# **Thank You! Questions?**

Please reach out to your Classroom Lead with any site-specific questions Any additional questions can be directed to:

**Joshua Theodore**, Director, Clinical Services (Early Years). Joshua.Theodore@grandviewkids.ca

Slides for the orientation can be found on Grandview Kids website



