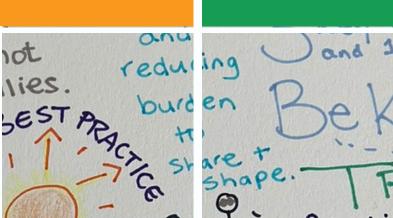
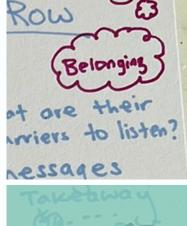


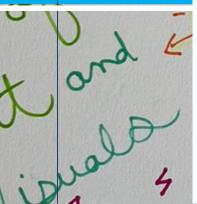
Research & Innovation

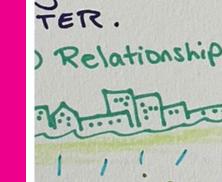
Every child and youth living at their full potential.











A message from the Executive Lead

In its inaugural year, the Research, Innovation and Knowledge Mobilization team aimed to explore the potential for bolstering evidenceinformed care at Grandview Kids. We identified a sense of confidence in evidence-informed decision-making and a yearning to participate in research studies. As such, we shifted our focus to building the portfolio.

The notion of build aligns with the Grandview Kids 2018-23 strategic plan, Building on Excellence, where the commitment to expanding the role of research in the centre took shape. As I reflect on the strategic priorities of this plan. I am proud to share that we have met or exceeded all that our past colleagues set before us. We have clinician-led research projects underway, trialled innovative technologies in clinical practice, partnered with prestigious institutions to co-lead research, built internal capacity to foster a culture of inquiry, and shared our promising practices broadly within and across the sector.

Knowledge mobilization is collaborative by nature. As such, I extend my deep gratitude to the Board of Trustees, leadership team, discipline leads, clinicians, community partners, and Research Coordinators for an incredible year.

May you find a shared sense of excitement through the pages of the 2023-24 Research & Innovation Portfolio.

Taryn Eickmeier, Ph.D.

Executive Lead Research, Innovation and Knowledge Mobilization



Research & **Innovation at Grandview Kids**



https://grandviewkids.ca/research/

Collaborate with Grandview Kids

If you would like Grandview Kids to promote your research project, please complete the **Grandview Kids Application for Approval of a** Research Study. Please ensure you have received approval from your local Research Ethics Board prior to submitting your request. Requests are reviewed monthly by the Research and Innovation Committee. Questions can be directed to research@grandviewkids.ca.

Share your research and innovation with Team Grandview

Team Grandview hosts a monthly Lunch and Learn or Journal Club. If you are interested in presenting your research to our interdisciplinary clinical and medical teams, please get in touch with research@grandviewkids.ca.

Promote your innovation to Team Grandview

If you are a start-up or vendor looking to share your invention, innovation or product with members of our clinical and medical teams, please complete the **Innovation Application form**. Requests are reviewed monthly by the Research and Innovation Team, with demonstrations available in-person or virtually.



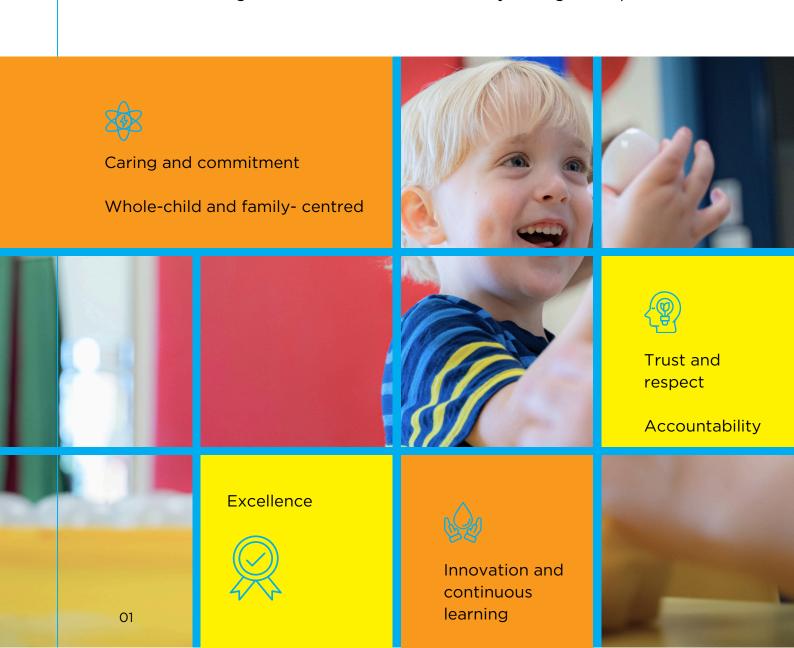
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Strategic goals 2018-23

Advance research and evidence-based practice

- 1. Increase the availability of research evidence and its disciplined use to inform point-of-care decision making
- 2. Identify, trial and assess innovations and new practices
- 3. Partner with research institutions and others to undertake research, support learning and drive improvement
- 4. Increase internal capacity to support research and accelerate the adoption of evidence-based quality improvements
- 5. Share knowledge and innovative ideas externally through multiple channels





Defining our purpose

Research:

An undertaking intended to extend knowledge through a disciplined inquiry and or systematic investigation.

Innovation:

Including inventions and diffusion of innovation. Novel devices processes conceived de novo or derived from a pre-existing model. The broad dissemination of new ideas, procedures, techniques, materials and devices and the degree to which these are accepted and used.

Knowledge mobilization:

An umbrella term encompassing a wide range of activities relating to the production and use of research results, including knowledge synthesis dissemination, transfer exchange and co-creation or co-production by researchers and knowledge users.

A logical approach

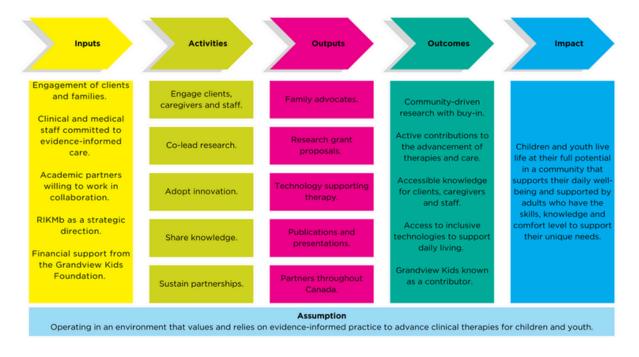
A logic model is a visual representation of the process by which change occurs. Grandview Kids has adopted a logic model to demonstrate the transformation of the Research and Innovation portfolio between 2022 and 2027.

The input begins with the resources we have available to make the portfolio successful. Thereafter, the activities look to engage clients, caregivers and staff, co-lead research, adopt innovation, share knowledge, and sustain partnerships. Within this year-in-review, we aim to highlight the outputs achieved in the last year. The outputs are a direct result of our activities and include engaged family advocates, research grant proposals, technology supporting therapy, publications and presentations, and partners throughout Canada.

Collectively, when our activities are successful, we aim to meet the outcomes that have a deep meaning related to the vision of Grandview Kids.

Ultimately, as we continue to produce significant outputs and meaningful outcomes, we create an impact. We hope this work will influence a world where children and youth live life at their full potential in a community that supports their daily well-being and is supported by adults who have the skills, knowledge and comfort level to support their unique needs.

All of these actions and outcomes are subjected to a working assumption that we operate in an environment that values and relies on evidence-informed practice to advance clinical therapies for children and youth.



The team



Taryn Eickmeier, Ph.D. Executive Lead Research, Innovation and Knowledge Mobilization



Maritza Basaran Research Coordinator and Knowledge Broker



Janicka Auguste Research Coordinator and Communicative Disorders Assistant



Mahsa Assadabadi Research Coordinator, CP-NET



Sumen Waraich Research Coordinator, Extensive Needs

Student volunteers **Aditya Pandya Karen Bolesa Ariani Jagan**

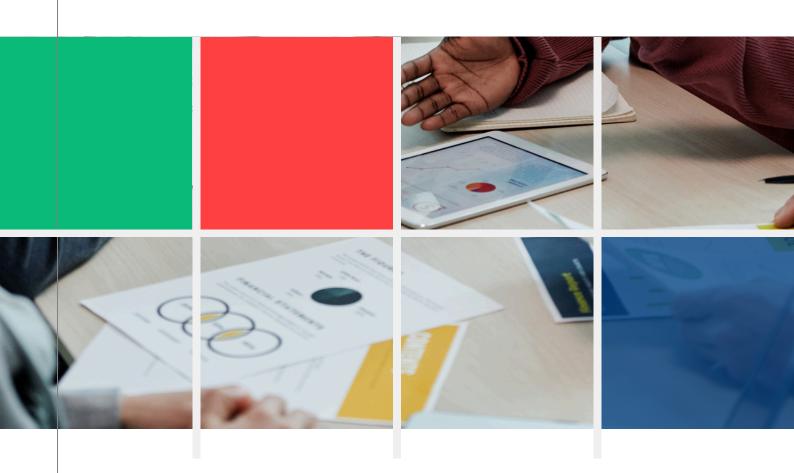


Family advocates

A Family Advocate is defined as...

The Research and Innovation team is grateful to have partnered with six Family Advocates on projects and committees in the past year. Some of this work has included participation in consultations to support collecting race and disability data from Grandview Kids clients and caregivers as part of a larger federally-funded research project.

All family advocates are compensated for their time and participation in a while that is meaningful for them. This includes a gift card to the store of their choice, a necessities basket of equal value, or a donation to the charity of their choice.



Research & Innovation Committee

Our Research and Innovation Committee is a collaboration of internal experts, a Family Advocate and our Grandview Kids Research Associates. Our Committee conducts critical appraisals of research support requests, provides updates on current research studies, and reviews upcoming research, innovation and knowledge mobilization events.

- **Dr. Taryn Eickmeier**, Executive Lead of Research, Innovation and Knowledge Mobilization (Chair)
- Janicka Auguste, Research Assistant and Speech-Language Therapy Assistant (Recorder)
- Dr. Shannon Knights, Developmental Pediatrician
- Dr. Heather Shearer, Family Advisory Committee Member
- **Dr. Meghann Lloyd**, Grandview Kids Senior Research Associate, Ontario Tech University
- **Dr. Fiona Moola**, Grandview Kids Research Associate, Toronto Metropolitan University
- Heather-Ann Burrell, Registered Dietitian
- Lindsay Gurr, Physiotherapist
- Mahsa Assadabadi, Research Coordinator
- Maritza Basaran, Research Coordinator and Knowledge Broker
- Nicole Jones, Autism Therapy Assistant
- Nivatha Hathamby, HEART Lab Coordinator, Toronto Metropolitan University
- Sumen Waraich, Research Coordinator
- Vareesha Khan, Speech-Language Therapy Assistant









2023-24 in review =

2 Research Associates
3 new grants
5 team members
5 innovations trialed
7 KMb events
7 conference presentations
11 studies supported
\$277,000 in funded research collaborations





Joint Research Ethics Board

In the fall of 2023, the partnership between Ontario Shores Centre for Mental Health Sciences and the Abilities Centre was expanded to include Grandview Kids to the Joint Research Ethics Board. This new connection established a commitment of Grandview Kids to ensure research conducted with and for our clients, caregivers and staff meets the highest ethical standards.

The JREB meets monthly throughout the year to review studies that are submitted from any partner organization or external research team. Education sessions are offered to JREB members to strengthen their knowledge and skills in clinical research.

The 2023-24 members of Team Grandview represented on the Joint Research Ethics Board include:

- Janicka Auguste, Research Coordinator, Knowledge Mobilization
- Heather-Ann Burrell, Registered Dietitian, Complex Care and Feeding Clinic
- Mahsa Assadabadi, Research Coordinator, CP-Net
- Sumen Waraich, Research Coordinator, Extensive Needs
- Taryn Eickmeier, Executive Lead, Research Innovation and Knowledge Mobilization
- Tina Slaunwhite, Clinical Manager, Extensive Needs

Read more from the November 8, 2023, joint news release on the next page.



Ontario Shores and Abilities Centre Announce Expansion of Joint Research Ethics Board, Welcoming Grandview Kids

Durham Region shines as a beacon of research excellence, a vibrant "hub" where innovation melds seamlessly with ambition, sparking a transformative journey poised to reshape the very essence of healthcare's future. Amidst this everevolving landscape, Ontario Shores Centre for Mental Health Sciences (Ontario Shores) and Abilities Centre welcome Grandview Kids into their Joint Research Ethics Board (REB). The grand unveiling of this expansion occurred on November 3, marking a milestone in the extraordinary journey of these visionary institutions. This expansion is not merely a partnership; it stands as a resounding testament to the unwavering dedication of each partner to propel research forward, transcending not only the boundaries of Durham Region but reaching far and wide.

The Joint REB, now expanded to include Grandview Kids, exemplifies Ontario Shores' leadership in fostering community research initiatives. This collaborative effort introduces a new era of streamlined and efficient ethical research review processes while opening doors to broader research collaboration. It symbolizes the region's resolve to lead in the pursuit of innovative healthcare solutions, shaping the future of healthcare not just for its residents but for the world. With Grandview Kids joining our collaborative effort, we are building upon the sturdy foundation of Durham Region's ongoing journey in research and innovation, propelling it even further. The ripple effect of this expansion will resonate widely, amplifying the forward-thinking purpose that defines our rapidly expanding 'hub' of research excellence.

Key Messages:

- Strategic partnership: The Joint REB expansion demonstrates Ontario Shores' dedication to purposeful partnerships that advance equitable access to care across the healthcare continuum.
- Supporting research collaboration: This expansion directly supports the "Research Collaboration" pillar outlined in the Abilities Centre-Ontario Shores MOU, enhancing the research landscape in Durham Region.
- Facilitating research: The Joint REB facilitates research collaboration among its partners. It provides a structured framework for onboarding potential research partners in the future.
- Exploring new research avenues: With Grandview Kids now part of this
 collaborative effort, the expanded Joint Research Ethics Board (REB)
 signifies our shared commitment to advancing the field of childhood
 disability research. This expansion streamlines ethical research review
 processes and creates exciting opportunities for Ontario Shores, Abilities
 Centre, and Grandview Kids to explore new research avenues, pursuing
 innovative areas that extend beyond traditional boundaries.

The partnership expansion marks a significant milestone in the pursuit of excellence in research, and its application to improve the mental health and well-being of individuals within the Region of Durham.

Quotes:

"We are delighted to welcome Grandview Kids into our Joint REB partnership. This expansion exemplifies our commitment to fostering research collaboration and promoting equitable access to mental health care."

- Karim Mamdani, President and CEO, Ontario Shores

The Joint REB expansion underscores our shared commitment to research and its pivotal role in enhancing mental health services. We look forward to the opportunities that this collaboration will bring."

- Pinder DaSilva, VP-Programs, Partnerships & Impact, Abilities Centre

"Grandview Kids is excited to join forces with Ontario Shores and Abilities Centre in this Joint REB partnership. Together, we aim to explore new research avenues that benefit our community."

- Tom McHugh, CEO, Grandview Kids



Distinguished leaders and key figures in the Joint Research Ethics Board expansion ceremony (from left to right):

Emilie Michalovic - Director, Research - Abilities Centre
Tim Pauley - Director, Research & Academics - Ontario Shores
Karim Mamdani - President & CEO - Ontario Shores
Tom McHugh - CEO - Grandview Kids
Ross Ste. Croix - General Manager and COO - Abilities Centre
Taryn Eickmeier - Executive Lead, Research, Innovation, and
Knowledge Mobilization - Grandview Kids
Emma Markoff - Joint Research Ethics Board Coordinator &
Research Coordinator - Ontario Shores
Shilpa Dogra - Joint Research Ethics Board Chair - Ontario

Shores (and Associate Professor, Ontario Tech)

Research

In the 2023-24 fiscal year, Grandview Kids received nine requests to support research and approved six. The three that were not included did not meet the expectations of the Research & Innovation Committee for methodological rigour, Grandview Kids did not have the correct patient population to support the research question, and one study is still in progress.

As of September 2024, any new studies under review by the Research & Innovation Committee must also receive approval from the Discipline Leads and Clinical Directors to confirm the feasibility of our participation. Thereafter, researchers are required to complete a Multi-Jursidication Review Form with the JREB for formal ethics approval.



Name of study: Measurement of Processes of Care 2.0 - Towards the new gold standard in measuring family-centred services: Field-testing the new MPOC 2.0

Institution/Organization: McMaster University

Primary Investigator(s): Dr. Peter Rosenbam and Sarah Earl

Role: Recruitment partner

Funding: No funding to Grandview Kids

Study focus: Family-centred service (FCS) is an approach to delivering health services to children and their families that recognizes that each family is unique, that parents are the experts on their children, and that treatments need to consider the needs of the entire family. There is strong evidence that families who experience 'better' FCS report better mental health, higher levels of satisfaction, and lower levels of stress in respect of their child's services. We have developed an up-to-date questionnaire that will reflect, and measure, parents' and caregivers' experiences of the delivery of healthcare services and now we want to test it out.

Innovative language assessment for children with low motor and speech function: Engaging end users to understand the necessary conditions for implementing in Canada

Institution/Organization: University of Western Ontario and Holland Bloorview Kids Rehabilitation Hospital

Primary Investigator(s): Dr. BJ Cunningham (University of Western Ontario) and Dr. Tom Chau (Holland Bloorview Kids Rehabilitation Hospital

Participate in a new research study!

Who can participate?

Families of children up to age 18 who have Cerebral Palsy and complex communication needs.

What is involved in the study?

Participants will be introduced to the Computer-Based Instrument for Low Motor Language Testing(C-BiLLT), a new tool that uses alternative access methods to assess children's language comprehension.

Participants will then be asked to share their ideas about the barriers and facilitators to using the C-BiLLT in a 2hour virtual focus group.

**Participants will be compensated



Scan the QR code to read more

Interested in participating? Please contact: hopmansn@mcmaster.ca





Role: Dr. Taryn Eickmeier (Local Principal Investigator at Grandview Kids) and recruitment partner **Funding**: No funding to Grandview Kids

Study focus: Some children with Cerebral Palsy (CP) have significant motor impairments and cannot speak. This does not mean they cannot understand what is being said to them, though it is difficult to assess their comprehension. This new assessment tool, the Computer-based Instrument for Low-motor Language Testing (C-BiLLT) assesses children's comprehension of language. The current study aims to (1) understand Canadian clinicians' and families' access needs and perceived barriers to using the C-BiLLT; (2) incorporate and test additional C-BiLLT access methods for children in Canada; and (3) develop and test an online training to support Canadian clinicians in learning to use the C-BiLLT in practice.

Building capacity in occupational therapy delivery: Supporting interprofessional collaboration preparation



Institution/Organization: Queen's University
Primary Investigator(s): Teresa Avvampato (Doctor of Science candidate), Dr. Marcia Finlayson (Queen's University), Dr. Mark Hall (University of Alberta), and Dianna Fong-Lee (Contestoga College)

Role: Recruitment partner

Funding: No funding to Grandview Kids.

Study focus: Grandview Kids participated in Phase 2 of this research. As there is a shortage of Occupational Therapists (OTs) in Canada, many employers rely on OT assistants (OTA). There are significant variations in OTA education, training and competence as well as collaboration. Phase 2 included reviewing an online education resource called "Working together for optimal outcomes: Occupational therapists and OT assistants in Canada" and then completing a 10-minute online survey. In doing so, the outcomes hope to identify opportunities to support interprofessional collaboration.

Bootle Blast, a movement tracking video game for home-based motor therapy: Understanding the family experience



Institution/Organization: Bloorview Research

Institute, PEARL Lab

Primary Investigator(s): Dr. Elaine Biddis and Selvi

Sert

Role: Recruitment partner

Funding: No funding to Grandview Kids **Study focus:** To understand real-world

implementation, Bootle Blast will be trialled for 14 weeks in the homes of 60 young people (6 to 17 years) with any motor condition that could be addressed by the Bootle Blast system, regardless of their diagnosis. Our goal is to increase the commercial viability of Bootle Blast by: (1) Assessing the feasibility for families to independently set up and sustain the use of BootleBlast at home; (2) Exploring if using Bootle Blast at home over 14 weeks impact perceived performance on family-identified therapy goals.

CHILD-BRIGHT National assessment of facilitators and barriers to implementation of early intensive manual therapy for young children with Cerebral Palsy (INTERPLAY)

Institution/Organization: CHILD-BRIGHT Primary Investigator(s): Dr. Adam Firton (Alberta Children's Hospital), Dr. Darcy Fehlings (Holland Bloorview Kids Rehabilitation Hospital), Dr. John Anderson (Glenrose Rehabilitation Hospital), and Alicia Hilderley (University of Calgary).

Role: Recruitment partner

Funding: No funding to Grandview Kids Study focus: This study aims to identify the barriers and facilitators involved in the delivery of hand and arm intensive therapy from the viewpoints of caregivers of children with CP under 6 years of age, occupational therapists who treat children with CP, and healthcare administrators/managers in charge of pediatric occupational therapy programs via an online Likert response style survey.



Imaging language function in the developing child: A focus on late talking



Institution/Organization: University of Toronto **Primary Investigator(s):** Dr. Karla N. Washington and

Nicole Bazzocchi

Role: Recruitment partner

Funding: Funding to support Research Coordinator and

Speech-Langauge Pathologist time (\$3,000)

Study focus: This four-phase research study aims to investigate language function in children who are typically developing, those with developmental language disorder (DLD), and those who are late talkers (LT) at different time points. To achieve the study purpose, we will complete four-phases of research. This portion of the project describes Phase 4 and includes toddlers who are 18 to 30 months of age at pretreatment being typically developing or LT. During this phase, we will incorporate an intervention program within a pre-post-followup design using established intervention programs for parents of children who are late talkers. The outcomes of this research study will help to address the paucity of available information on the relationships among language skill, intervention, and brain function in children with DLD and those who are LT, which is needed to guide speech-language services.

Motor skill intervention for children with Autism Spectrum Disorder: A 5-year follow-up

Institution/Organization: Ontario Tech University **Primary Investigator(s)**: Dr. Meghann Lloyd

Role: Recruitment partner

Funding: No funds to Grandview Kids

intervention, will also be recruited.

Study focus: This is a 5-year follow up study on a cohort of children with ASD who participated in a

SSHRC funded fundamental motor skill intervention between 2017-2020. A second cohort of age and sex matched peers with ASD, who did not receive the early motor skill





Do you, or someone you know, have a child 8-10 years of age with Autism Spectrum Disorder?

We are looking for 8-10 year-old children with ASD to participate in an assessment of motor skills, physica activity, and overall development, led by Ontario Tech University researchers. This study is trying to understand the long-term effect of motor skill development on behavioural, social skills.

Meghann Lloyd, PhD

meghann.lloyd@ontariotechu.ca

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RE8# 17228 905-721-8668, Ext. 3693 compliance@ontariotechu.ca



2000 Simcoe Street North, Oshawa, Ontario L1H 7K4 <u>Canada</u> 905.721.8688 | ontariotechu.c



Pre-post evaluation of two versions (self-paced versus synchronous) of the F-words Foundations Course

Institution/Organization: McMaster University

Primary Investigator(s): Dr. Peter Rosenbaum, Andrea Cross, and Rachel Teplicky.

Role: Dr. Taryn Eickmeier (Site Principal Investigator), recruitment partner

Funding: No funds to Grandview Kids

Study focus: The purpose of this study is to evaluate two versions of a tailored online F-words Foundations training program (i.e., a self-paced and a facilitated version) for families and service providers "F-words Foundations Training Program for Families and Service Providers'. This program was designed to increase families' and service providers knowledge and use of the F-words ideas and materials. The program was developed in partnership with parent and service provider collaborators, and members from the Ontario Ministry of Children, Community and Social Services (MCCSS) - funded CTC Hubs project

Grandview Kids continues to support research from the previous fiscal year, including:

Innovative language assessment for children with low motor and speech function: Engaging end users to understand the necessary conditions for implementing the C-BiLLT in Canada

Institution/Organization: Western University **Primary Investigator(s):** Dr. BJ Cunningham

Role: Dr. Taryn Eickmeier (Site Principal Investigator), recruitment partner

Funding: No funding to Grandview Kids

Study focus: Exploring the necessary conditions for bringing a novel measure of

language comprehension for children with cerebral Papsy and complex

communication needs to Canada.

Childhood Cerebral Palsy Integrated Neuroscience Discovery System (Phase3): CP-NET

Institution/Organization: CP-NET is an Integrated Discovery Program carried out in partnership with the Ontario Brain Institute

Primary Investigator(s): Dr. Darcy Fehlings

Role: Co-Investigators (Shannon Knights and Carolyn Hunt), recruitment partner

Funding: Approximately \$42,735.00 per year

Study focus: CP-NET is working to improve understanding of cerebral palsy (CP) and accelerate the development of new treatments. It explores risk factors, including genetic information, developmental and psychosocial outcomes, neuro-imaging findings and technological innovation for individuals with CP.

Discrimination, ableism and racism hurt but inclusion can heal: Listening to the intersectional lived experience of youth with disabilities and cocreating solutions

Institution/Organization: Bloorview Research Institute, TRAIL Lab

Primary Investigator(s): Dr. Sally Lindsay

Role: Recruitment partner

Funding: No funding to Grandview Kids

Study focus: (1) to explore the diverse lived experiences of youth with disabilities and the intersection of disability with race, ethnicity and gender; and (2) to explore the causes and persistence of systemic discrimination, racism and ableism experienced by youth with disabilities

Extensive needs

The Extensive Needs program comprises a team of specialized clinicians who provide multidisciplinary assessments to support children with extensive needs and their families. The initiation of this fundamental care service requires analyzing its effectiveness and ability to improve client outcomes. With this in mind, the Extensive Needs project launches a set of evaluation tools for families and clinicians to complete, which will monitor the progression of client outcomes within their care cycle.

The Research Team has been a part of the early stages of program implementation and has taken an interdisciplinary approach to research evaluation by actively participating in clinical rounds and gaining multiple perspectives on service delivery. By taking this approach, researchers have been able to analyze target population needs and understand clinicians' routines. As such, a service delivery model for the execution of evaluation tools at Grandview Kids has been successfully implemented for all clients actively receiving care. Through this process, clinicians have received training in outcome measure tool collection and reporting.

Peer Navigators are active advocates for families and stay in contact with clients, making them essential partners in this project. As outcome measures collection began, families had concerns and questions that required addressing. Peer Navigators collect evaluation tools to allow families to ask those questions and gain support from trained and experienced care providers. Our research became very hands-on with families, as multiple sources of support were made readily available. This also allows for a constant stream of information to be shared with the team addressing family-voiced opinions on evaluation tools.

This project is partnered with the Holland Bloorview Kids Rehabilitation Hospital. Therefore, the Research Coordinator, Sumen Wariach, continuously communicates with their team to provide updates and share inquiries.

As a direct quote from Sumen,

"I feel honoured to have joined a remarkable network of professionals dedicated to advocating for children with extensive needs."



CP-Net

Cerebral Palsy Integrated Neuroscience Discovery Network (CP-NET) Clinical Database Platforms - Phase 4

The CP-NET project, which launched its fourth phase in October 2023, continues to build on a decade of transformative research in the neuroscience of cerebral palsy (CP). Over the past ten years, CP-NET has successfully established a standardized database during its previous phases. This database includes over 300 participants with hemiplegic CP and nearly 600 participants with all subtypes of CP from across the province. The new phase 4 aims to recruit an additional 175 participants across Ontario, with a specific target for Grandview Kids to recruit 12 new participants annually, contributing to a total of approximately 30 new participants by the end of the project.

The CP-NET has developed a comprehensive clinical database that spans five platforms: Clinical Risk Factors, Neuroimaging, Genomics, Neurodevelopmental, and Psychosocial & Participation. This database is essential for understanding the multifaceted aspects of CP, including risk factors, socioeconomic impacts, pain management, community participation, quality of life, and mental health well-being. Data collected will also enhance longitudinal studies to track patterns and outcomes over a three-year period.

CALL FOR PARTICIPANTS!



Do you have a child diagnosed with Cerebral Palsy? Do you live in Ontario? You may be eligible to participate in our CP-NET database research study!

What is Childhood Cerebral Palsy Integrated Neuroscience Discovery Network (CP-NET)?



The CP-NET clinical database is designed to collect information which will help researchers study the causes of CP, improve diagnosis and develop treatments and interventions.

Who can take part?

Families of children with CP who are two (2) years and older, born after January 1, 2009, and who live anywhere in Ontario.

How do I participate?

Participation may be done remotely by telephone and computer or during a study visit at one of our four research sites.

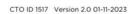
Who can I talk to?

For more information, please contact our Research Coordinator, Mahsa Assadabadi, at 289-675-1754 or email *Mahsa.Assadabadi*@

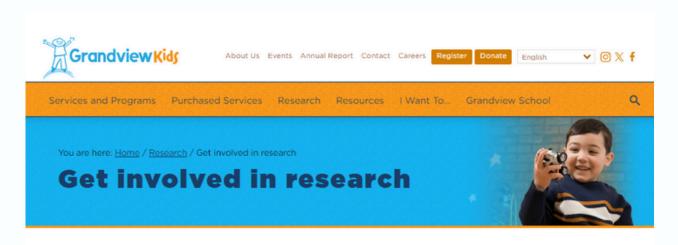


Grandview Kids





The Research Team is supported by Communications and Marketing to create digital adverts and resources to showcase research opportunities to families.



New opportunities

The research studies listed below are looking for participants. Each study has received approval from a Research Ethics Board and Grandview Kids. Click on the study title to learn more about who can participate and what you're asked to do.

- ▶ Motor skill intervention for children with Autism Spectrum Disorder: A 5-year follow-up
- ► Bootle Blast, a movement-tracking video game for home-based motor therapy: Understanding the family experience
- ► Measure of Processes of Care (MPOC) 2.0 Towards the new gold standard in measuring family-centred service: Field-testing the new MPOC 2.0
- ▶ Discrimination, ableism and racism hurt, but inclusion can heal: Listening to the intersectional lived experiences of youth with disabilities and co-creating solutions [Youth Interview]
- ▶ Childhood Cerebral Palsy Integrated Neuroscience Discovery Network (CP-NET) Clinical Database Platforms
- ▶ Province of Ontario Neurodevelopment Disorders-Network (POND-Network)







Innovation

Brain-Computer Interface

The Brain-Computer Interface (BCI) is an innovative technology that translates brain activity into commands to control surrounding technology. The technology supports children and youth with complex disabilities who do not communicate through spoken word. The developers at the Bloorview Research Institute have trained Grandview Kids and the Grandview School to use the BCI with clients and students. The hope is to develop an inclusive art and gaming program for youth and use the BCI for innovative video gaming and socializing among friends.

Bootle Blast

PEARL Interactives have gifted Grandview Kids a Bootle Blast unit. This innovative gaming system uses intrinsic motivation to engage in computer play-based motor therapies. The Grandview Kids Therapeutic Recreation team is trialling the Bootle Blast unit to support engagement in group settings.

Guided Hands

Imaginable Solutions has created Guided Hands, an international award-winning assistive device that enables people with limited hand mobility to write, paint, draw, and access technology through touch-screen devices.



Occupational Therapist,
Tara Williams trialed
Guided Hands with
Grandview Kids through
School-Based
Rehabilitation Services.







Innovation

Agilik

Iln early 2024, the Grandview Kids physiotherapists received an in-person demonstration of a technology called "Agilik" by Bioinic Power. This device helps children and youth with crouch gait – when the ankles are flexed with bent knees and hips. The device is wearable and helps reduce undue strain on leg muscles through the use of battery-powered torque through a knee-ankle-foot-orthodic. The physio team continues to review the Agilik in 2024 to determine if Grandview Kids serves the correct population that would benefit from this device.

MyWay+

MyWay+ is an open-frame walker that cleverly supports children in an upright position, improving stepping and maximizing opportunities for exploration, interaction, and participation. Sunrise Medical Canada, together with Leckey, provided an online demonstration to the Grandview Kids Occupational Therapists and Physiotherapists.





THE AGILIK

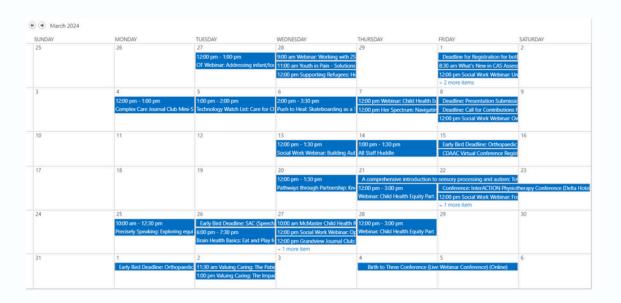
Bionic Power's Agilik smart orthosis is a gait state driven, powered, mobility device designed to improve crouch gait commonly seen in people with cerebral palsy, spina bifida, and other kneeextension-deficiency disorders.

Our proprietary technology has been developed through a Cooperative Research and Development Agreement with the National Institutes of Health (NIH, Bethesda, USA).

The robotic hinge can be easily integrated into a standard, custom-made KAFO by a certified orthotist.

Knowledge mobilization

A wide range of knowledge mobilization activities are offered to Team Grandview such as lunch and learns, journal clubs and coffee chats. Information and opportunities are also shared during all staff meetings and discipline team meetings. Staff champion innovation, learned evidence and best practices by sharing the information with their teams. In addition to knowledge mobilization activities, staff have access to an internal education calendar that shares the latest multidisciplinary opportunities for building knowledge and expertise. Staff are encouraged to connect with the Research Team to share opportunities and ideas.



The Research & Innovation Team also manage a digital, on-demand library of workshops, webinars and self-paced training modules.

Trauma-Informed Care

- Module 1: Safety for Everyone Complete the survey to receive your personalized link to the online educat
 View the Safety for Everyone Toolkit.
- . Being Trauma Aware Course is a free, self-paced course delivered by Luna Child and Youth Advocacy Centr
 - o Course explores topics of how trauma impacts children and youth such as cognitive abilities, negative
 - o Course can be completed in as little as 3 hours and can be paused and resumed as needed.
 - o Once complete, you will have virtual access to the course resources indefinitely.
- · Attachment, Regulation, and Competency (ARC) online certificate course
 - Co-developed by Dr. Margaret Blaustein, ARC is a framework that is clinically-proven to enhance tra traumatized children" by world renowned trauma expert, Dr. Bessel van der Kolk.
 - There are also 8 modular videos available for purchase for professional learning.

Community presentations

Seminar Presentation to Ontario Tech University's Faculty of Health Sciences Graduate Seminar

This presentation provided an overview of knowledge translation and mobilization. The KT Game(c) was used to facilitate an exercise for graduate students to gain a brief experience of how to create a knowledge translation plan. Following the presentation, students were excited to learn more about knowledge translation and mobilization and eager to introduce these methods in their upcoming projects and future practices.







Durham's Best Start Network

Executive Lead Dr. Taryn Eickmeier was elected the Co-Chair of Durham's Best Start Network this year. This Network is a collaborative table of agencies focusing on service delivery for children from birth to 12 years. Alongside Co-Chair Julie Gaskin, Director of the Children's Services Division at The Regional Municipality of Durham, the vision and mission of the Best Start Network were revised. Hundreds of ideas of how to Network hopes to impact the lives of families were consolidated and reviewed. With a renewed vision of "Happy Childhoods, Better Futures," Dr. Eickmeier will continue to work alongside community partners to mobilize best practices in child development and rehabilitation sciences to children, youth and those who care for them.

Lunch and Learns

Grandview Kids invites community partners and expertise in the field of rehabilitation science to share the latest research with clinicians. Topics are identified by the Research & Innovation Committee, though any clinician or staff person at Grandview Kids can request a topic.

In the 2023-24 fiscal year, Grandview Kids offered three lunch and learns.

Sleep behaviours in families with children with ASD

Dr. Efrosini Papaconstantinuou and Emma Grant Ontario Tech University May 2023

Data Analysis Approach

- · Inductive coding approach
- Lean codes
- Reflexivity and triangulation through journaling and consensus
- · Two stage member checking





(Creswell & Poth, 2018; Nowell et al., 2017)

Signature of the Communication of the Communica

Dr. Efrosini Papaconstantinou, an associate professor from Ontario Tech University, and graduate Emma Grant provided an update about Emma's research study entitled 'Sleep in Families with Children with ASD'. Emma and Dr. Papaconstantinou first presented their work to us back in May 2021. Since then, they have collected and analyzed data from many Grandview Kids families.

"I was not aware there were certain aspects of listening that I was not doing during conversations": How Can Effective Clinical Listening Make Therapy More Engaging?



Dr. Michelle Servais TVCC July 2023

Listening in rehabilitation conversations is an essential skill that contributes to client and family engagement and better outcomes. However, these skills are often overlooked in clinical education and in practice, or they may be assumed rather than explicitly taught. Effective rehabilitation professionals typically have several listening intentions during a clinical encounter. These include engaging the other person in the therapy session, understanding needs, building relationships, and collaborating. This presentation will highlight aspects of effective clinical listening, with a focus on strategies that will make a meaningful difference to service delivery and clinical practice. Our CLEAR Communication Research team will share an integrated KT program of research that examined: "What does effective listening look like in rehabilitation therapy?", "How do you assess listening competency and identify opportunities to improve?", and "How can clinical listening skills be developed?".

Learning Objectives

- To understand the elements of effective clinical listening and communication.
- To learn about four clinical listening stances and a reliable and valid listening tool that allows clinicians to assess their own listening and communication skills to identify areas of strengths and areas for improvement.
- To learn about clinicians' perspectives about the impact of an educational intervention on their listening development.

Listening to the Margins: Conducting Anti-Racist & Culturally-Safe Research & Care for Racialized and Disabled Children, Youth, & Families in Canada



Dr. Fiona Moola Toronto Metropolitan University, Grandview Kids Research Associate Nivatha Moothathamby, PhD Candidate Ontario Institute for Studies in Education, University of Toronto October 2023

For this lunch and learn session at Grandview Kids, we will be covering an overview of the Listening to the Margins conference, which took place in 2022. Following that, we will explore the Best Practices Guide which was generated from the intersectional and inter-professional conversations that took place during the conference on recommendations to best care and research practices when working with racialized and disabled children, youth, and families.

Learning objectives

- 1. Overview of Listening to the Margins Conference
- 2.Outline and explore the Table 1 of Best Practices Guide -- Best Practice/Research Recommendations for Racialized Disabled Children, Youth, and Families
- 3. Outline and explore Table 2 of Best Practices Guide -- Best Practice Indigenous-Specific Recommendations for Culturally Safe & Anti-Racist Research & Care

Capacity-building coffee chats

Dr. Taryn Eickmeier

Creating impactful surveys

Program evaluation is an essential component of quality improvement that spans the organization. One efficient method of collecting data is through the use of Surveys. Grandview Kids has an enterprise account with Survey Monkey and a new standardized approach of how to conduct surveys.

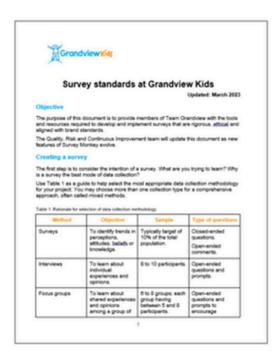
The objectives of this 30-minute coffee chat are to:

- Review the purpose and intention of surveys versus more engaging methods of data collection.
- Improve your survey question writing skills.
- Learn the capabilities of Survey Monkey.
- Understand and apply the survey request process at Grandview Kids

MS Excel: An introduction

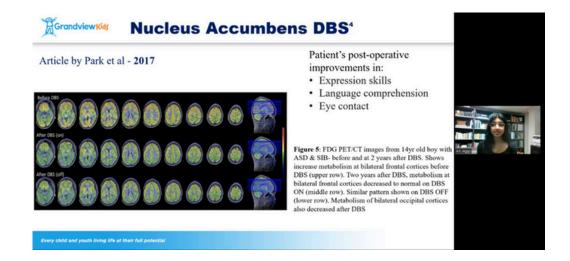
Microsoft Excel can be a reliable, yet challenging, software to use. Through this introductory course, we will examine the core features of MS Excel. This will be a hands-on training, from which you will achieve:

- An orientation to MS Excel
- · Review of standard formulas
- · Create on-brand, accessible graphs





Journal clubs



Deep brain stimulation for autism spectrum disorder: Journal Club

Ariani Jagan, Grandview Kids, Research Student Volunteer August 2023

Article: Marini S, D'Agostino L, Ciamarra C, Gentile A. Deep brain stimulation for autism spectrum disorder. World J Psychiatry. 2023 May 19;13(5):174-181. doi: 10.5498/wjp.v13.i5.174. PMID: 37303931; PMCID: PMC10251363. Read the article online: Deep brain stimulation for autism spectrum disorder - PMC (nih.gov)

Description: Deep brain stimulation is a medical procedure that can be used to provide therapeutic effects for certain psychiatric and neurological disorders. It involves applying electrical impulses to specific brain structures to modulate neurological circuits. Currently, deep brain stimulation for children with autism spectrum disorders (ASD) experiencing severe self-injurious behaviors is being studied at <u>Sick Kids with a pilot trial being conducted in 2022</u>. This session will highlight the clinical application and therapeutic effects that deep brain stimulation can have on individuals with ASD, specifically in individuals with symptoms resistant to multiple drug therapies.

Learning Objectives

- To learn the psychiatric comorbidities associated with autism spectrum disorders (ASD)
- 2.To identify which brain structures play a significant role in the pathophysiology of ASD and understand how they contribute to symptoms associated with ASD
- 3. To understand how deep brain stimulation can modulate neurological circuits to provide therapeutic effects



Health-professional-educator collaboration in the delivery of schoolbased tiered support services: A qualitative case study: Journal Club Marika Beaumont, Clinical Manager, Grandview Kids September 2023

Article: Pheonix, M., Dix, L., DeCola, C., Eisen, I. & Campbell, W. (2021). Health professional-educator collaboration in the delivery of school-based tiered support services. A qualitative case study. Child, Care, ad Health Development, 47:367-376.

Description: Grandview Kids is implementing tiered Occupational Therapy services in 87 schools across Durham Region. This model is being adopted across the province by other children's treatment centres. This article reviews some of the qualitative experiences in two schools in high priority neighbourhoods and outlines some considerations we will need to be mindful of moving forward.

Learning objectives:

- 1. To explore how an interprofessional team worked with educators to provide tiered services.
- 2. To outline the most common types of services requested by schools.
- 3. To discuss benefits and challenges when implementing tiered services in the school system.

Orientation e-Modules

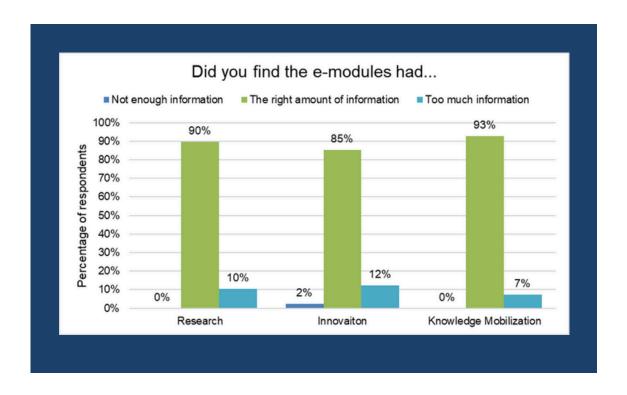
In 2023, the Research, Innovation and Knowledge Mobilization e-modules were launched as part of new hire orientation. Since this time, 48 new employees and students have completed the training. Evaluation questionnaires were launched at the end of each module, prompting users to provide feedback to receive a certificate of completion.

What is Research: This module defines research, explains how research can be empowering to staff, clients and their families and reviews how staff can engage with research at Grandview Kids.

What is Innovation: This interactive module defines innovation, provides examples of innovation in the children's health and rehabilitation sector and describes innovation projects at Grandview Kids.

What is Knowledge Mobilization: This training module reviews the definition of knowledge mobilization and describes knowledge tools and knowledge mobilization activities in research settings.

In the next fiscal year, we will refine and update to meet the needs of Team Grandview.



Presentations

Building research, innovation and knowledge mobilization at Grandview Kids

Children's Health Symposium May 2023, London, ON Taryn Eickmeier, Maritza Basaran and Janicka Auguste

Establishing and evaluating peer support and family engagement functions within health care organizations

Children's Health Symposium May 2023, London, ON Avori Cheyne, Andrea Belanger, Natasha Mills, Taryn Eickmeier, Brad Sexton, Jacki Nemisz, Annette Neufeld, Clare Arias-Alexander and Fadia Omer

Moving from consultation to empowerment: A Family Advisory Council model

Children's Health Symposium May 2023, London, ON Avori Cheyne, Andrea Belanger, Natasha Mills, Jacki Nemisz and Brad Sexton

Fostering inclusion, diversity, equitynd accessibility within EKO organizations

Empowered Kids Ontario Conference May 2023, Toronto, ON Martiza Basaran and Arjana Sivayogeswaran





Presentations

Grandview Kids transforming from paper referrals to Ocean eRerral platform

Empowered Kids Ontario Conference May 2023, Toronto, ON Karen Ng, Alfred Ng, Joshua Theodre, and Christine Curan

Developing clinical competency self-assessment checklist for Behaviour Analysts

Empowered Kids Ontario Conference May 2023, Toronto ON Brizida Vinjau and Alicia Creaser

Our co-production journey: Persistence leads to success

CiCan Applied Research Symposium
February 2024, Ottawa, ON
Nicole Doyle, Corrinne McCormick-Brighton, Dr.
Ann LeSage, Dr. Brenda Jacobs, **Dr. Taryn Eickmeier,** Lesley-Ann Foulds, Yvonne Mais, and Leanne Morton.











Winter Wonders

All staff education 2023

In 2023, the Province of Ontario issued guidance to all children's treatment centres and preschool speech and language lead agencies. Through these Leading Innovation for Transformation (LIFT) guidelines, children's treatment centres are helping to enhance timely access to services, reduce wait times, and expand provision of services. Including in the guidelines is a refreshed approach to clinical training to support diversity, equity and inclusion of all families. As such, the December 2023 all staff event included a half day of training to enhance the understanding and personal awareness of unconscious bias and antiracism with Dr. Gena Chang-Campbell, review the duty to report with Nicole D'Ornealias from Durham Children's Aid Society, and broaden the scope of personal well-being with motivational speaker, Jenny McKee.









Funding

2023-2026

Building knowledge and understanding of the intersection of race and disability in accessing paediatric rehabilitation services

Investigators: Ontario Tech University, Grandview Kids, The Regional Municipality of

Durham

Funding Name: Social Sciences and Humanities Research Council of Canada

Funding Role: Co-Principal Investigator

Funding Start Date: June 2023 Total Funding: \$200,000

2023-2024

Trends in access to government-funded rehabilitation services between 2016-2022 for families of children and youth with disabilities living in the Durham Region: a pilot study

Investigators: Ontario Tech University and Grandview Kids

Funding Role: Collaborator
Funding Start Date: June 2023

Total Funding: \$5,000

2023 to 2028

CP-Net and Hip Surveillance (Phase 4)

Institutions/Organization: Ontario Brain Institute

Funding Name: Ontario Brain Institute

Our role: Co-Investigators (Dr. Carolyn Hunt, Dr. Shannon Knights) and Research Support

(Dr. Mahsa Assadabadi, Nicole Jones)

Start date: October 1, 2023

Total funding: \$35,000 to Grandview Kids

2024 to 2025

The value of the MUAC Z-scores in the assessment of malnutrition in enterally-fed children with medical complexity

Granting agency: Norman Saunders Complex Care Initiative through SickKids. **Researchers**: Dr. Julie Johnstone, Katharine Williams, Jordan Beaulieu (SickKids).

Team Grandview: Heather-Ann Burrell, Fadia Omer and Taryn Eickmeier.

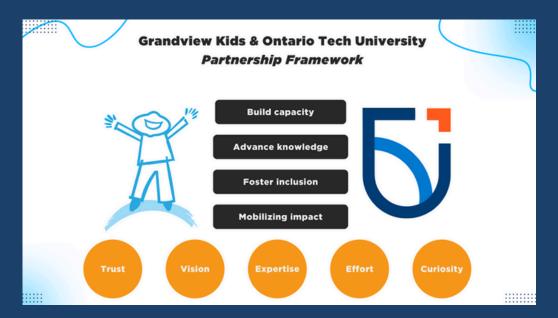
Amount: \$37,000

Timeline: April 2024 to March 2025



Partnerships

In February 2023, long-established community partners Grandview Kids and Ontario Tech University are celebrating their shared commitment to advancing research, innovation and education in the Durham Region through a formal Memorandum of Understanding (MOU). During the first year of the partnership, the Steering Committee members co-developed a partnership framework.



The framework refers to a partnership built on a mutual sense of trust, shared vision, leveraging expertise and equal effort, with a dedication to fostering curiosity among staff, students, volunteers, clients and caregivers.

The framework continues with four domains: build capacity, advance knowledge, foster inclusion, and mobilize impact. The partners continue to find opportunities to action these domains, including:

- Identifying opportunities for collaboration with the Faculty of Health Sciences researchers.
- Mentoring graduate students at the Masters, Doctoral, and Post-Doctoral level.
- Identifying joint research grant opportunities.
- Sharing knowledge across organizations related to the advancement of rehabilitation sciences and knowledge mobilization.
- Creating opportunities for Ontario Tech students to volunteer at Grandview Kids.

The partnership continues to grow with new and exciting opportunities on the horizon, such as the opening of the new Grandview Kids headquarters in Ajax. Together with Ontario Tech University, the research conducted at Grandview Kids is creating meaningful change for the local community.

Special Olympics

Grandview Kids ventured into a new informal partnership this year with the inclusion of Dr. Taryn Eickmeier and CEO Tom McHugh invited to participate in the retreat to identify research priorities for Special Olympics Ontario. The two-day event, facilitated by Dr. Eickmeier, used the Nominal Group Technique to identify key priorities for future research when examining health service utilization data against registration information from Special Olympics athletes.

Participants included Canadian and American researchers interested in supporting adults with intellectual and developmental disabilities alongside representatives from Special Olympics International, Special Olympics Canada, and Special Olympics Ontario. Of course, we cannot forget that we successfully included Special Olympic athletes and family representatives. The collaborative atmosphere identified 10 key research priorities, which were then filtered into a project grant to the Canadian Institutes of Health Research.

The grant application outcomes will be announced in the 2024-25 fiscal year, and Grandview Kids foresees potential opportunities for continued collaboration with Special Olympics well into the future.



Research Associates



Meghann Lloyd, Ph.D.

Associate Professor, Ontario Tech University Senior Research Associate, Grandview Children's Centre

Dr. Meghann Lloyd earned a Bachelor of Kinesiology (Honours) degree from Acadia University and a Master of Arts degree from McGill University. She completed her PhD at the University of Michigan in the Division of Kinesiology. She joined Ontario Tech University in 2010 and is also a Senior Research Associate at Grandview Children's Centre. Dr. Lloyd's research is focused on the motor development, physical activity, and health of children, youth, and adults with disabilities, including children with Autism Spectrum Disorder, Down syndrome, Developmental Coordination Disorder, Intellectual Disability, and Cerebral Palsy.



Dr. Fiona Moola

Fiona Moola, MSc, PhD Registered Psychotherapist (Qualifying) Associate Professor, School of Early Childhood Studies, Faculty of Community Services, Toronto Metropolitan University.

Dr. Moola is a Canadian-South African who is the daughter of antiapartheid activists from South Africa. Dr. Moola is a woman of colour. Dr. Moola completed Undergraduate, Masters, and Doctoral Degrees at the University of Toronto, graduating in 2011. She completed a Post-Doctoral Fellowship at Concordia University in 2012 before joining the Faculty at the University of Manitoba. Dr. Moola comes with a long history of excellence across many children's in Canada where she has maintained many lines of research. These include a) children with disabilities, play, and physical activity, b) childhood disability and the arts, c) marginalized childhoods, and d) childhood disability, narrative, and storytelling. Dr. Moola also maintains ongoing lines of research in Indigenous childhoods and children's mental health.

Dr. Moola's research is funded by the Social Sciences and Humanities Research Council of Canada, the Canadian Institute for Health Research, TMU, VERTEX, the Holland Bloorview Foundation, and the University of Toronto. Dr. Moola's work is strongly committed to principles of critical health psychology, social justice, and anti-oppression. Thus far, Dr. Moola has contributed 55 publications (articles and book chapters) to the academic peer-reviewed literature. Fiona is a registered psychotherapist (Qualifying) with a small therapy practice. Fiona is also Faculty at the Gestalt Institute of Toronto, which is a psychotherapy institute where she specializes in racial trauma, eating disorders, child development, and children with disabilities. Fiona also teaches and delivers equity, diversity, and inclusion workshops. Dr. Moola is delighted to join Grandview Kids as its second Research Associate.

